Domestic Sentiment Tracker: April 2023

Published: April 2023
Fieldwork Period: 4th to 11th April 2023

UK Results
Contents

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Note: * Overnight Business Trip Intentions questions are asked every second month
Introduction

• VisitEngland, VisitScotland and Visit Wales have commissioned a Domestic Sentiment Tracker to understand the impact of major events, such as the cost of living crisis, on the UK public’s intent to take overnight trips, both within the UK and abroad.

• The survey addresses areas, such as: current attitude to travel (incl. concerns around travel and reassurances needed from the tourism sector), intentions of UK residents to travel for day trips, short breaks and holidays, when they plan to book and when they plan to go on their trip, as well as the destination, type of location and accommodation for their intended trip.

• This tracker is based on a UK nationally representative sample of 1,500 adults aged 16+, with additional boosts for Scotland and Wales.

• Fieldwork tends to take place at the start of each month and this wave’s fieldwork was conducted between 4th to 11th April 2023

• The results (both, reports and data tables) are made publicly available and updated each wave at the following website:

  https://www.visitbritain.org/domestic-sentiment-tracker
Definitions used within this report

In this report, we look at the behaviour and attitudes of a number of separate audiences depending on when they intend to take an overnight domestic trip.

- **April to June 2023 Intenders**: Residents of the UK who claim their next domestic overnight trip will take place between April to June 2023
- **July to September 2023 Intenders**: Residents of the UK who claim their next domestic overnight trip will take place between July to September 2023

We also segment respondents by life stage and use the following definitions:

- **Pre-Nesters**: Aged 16-34 without children in household
- **Families**: Aged 16-64 with children in household
- **Older Independents**: Aged 35-64 without children in household
- **Retirees**: Aged 65+
# April 2023: Scorecard of Key Metrics

<table>
<thead>
<tr>
<th>Key Metrics</th>
<th>April 2023</th>
<th>Change since March 2023</th>
</tr>
</thead>
<tbody>
<tr>
<td>% of UK adults stating ‘WORST IS STILL TO COME’ in regard to cost of living crisis</td>
<td>54%</td>
<td>-3%</td>
</tr>
<tr>
<td>Proportion intending a UK overnight trip at any point in the next 12 months</td>
<td>77%</td>
<td>+4%*</td>
</tr>
<tr>
<td>Proportion intending an overseas overnight trip at any point in the next 12 months</td>
<td>57%</td>
<td>+3%</td>
</tr>
<tr>
<td>Preference for UK over overseas in the next 12 months (vs past 12 months)</td>
<td>35%</td>
<td>N/A</td>
</tr>
<tr>
<td>Took a domestic overnight trip in the past 12 months (April 2022 –March 2023)</td>
<td>63%</td>
<td>+6%*</td>
</tr>
<tr>
<td>Net proportion of UK trips in the next 12 months vs the last 12 months [% ‘more’ minus % ‘fewer’ trips]</td>
<td>1%</td>
<td>N/A</td>
</tr>
<tr>
<td>Net proportion of overseas trips in the next 12 months vs the last 12 months [% ‘more’ minus % ‘fewer’ trips]</td>
<td>-16%</td>
<td>N/A</td>
</tr>
<tr>
<td>Reduce the number of UK overnight trips due to cost of living crisis [NET ‘fewer’, ‘not go’, ‘go day trips instead’]</td>
<td>31%</td>
<td>+2%</td>
</tr>
<tr>
<td>Reduce the number of day trips due to cost of living crisis [NET ‘fewer’, ‘not go on day trips’]</td>
<td>35%</td>
<td>+1%</td>
</tr>
<tr>
<td>Top 3 barriers to taking a UK overnight trip in the next 6 months</td>
<td>1st Rising cost of living; 2nd UK weather 3rd Rising costs of holidays</td>
<td>UK weather moved to 2nd place</td>
</tr>
</tbody>
</table>

* Represents a statistically significant change on previous wave
N/A – due to new question wording meaning comparison to last wave cannot be done
1. Current General Sentiment
The proportion that think ‘the worst has passed’ in relation to the cost of living crisis has increased for the third consecutive wave.

Figure 1. Perception of the situation with regards to cost of living crisis, Percentage wave-on-wave, UK

Question: Q7b: And now regarding the ‘cost of living crisis’ in the UK and the way it is going to change in the coming few months, which of the following best describes your opinion? Base: All respondents. April 2023 = 1,755
The majority of UK adults (70%) are either ‘cautious and being very careful’ (49%) or have been ‘hit hard and are cutting back’ (21%) due to the cost of living crisis.

Figure 2. Feelings about situation during the ‘cost of living crisis’, Percentage, UK

- I’m one of the lucky ones – better off than before the crisis
- I’m alright – the ‘cost of living crisis’ has not really affected me and confident it won’t
- I’m cautious - things are OK but I feel I have to be very careful
- I’ve been hit hard – no option but to cut back on spending
- Although I’ve been hit hard and should cut back, I’ll spend today and let tomorrow look after itself

Question: Q17: There has been a lot of talk about how the ‘cost of living crisis’ has affected people’s financial circumstances. If you had to choose, which ONE of the following statements would best describe your feelings about your own situation, right now? Base: All respondents. April 2023 = 1,755.
2. Trip Intentions: UK and Overseas
Overnight domestic trip intentions are above the levels anticipated back in April 2022, 77% planning a trip in the next 12 months compared to 60% a year earlier.

Figure 5. Proportion anticipating going on any overnight UK trips, Percentage, April 2023, UK

<table>
<thead>
<tr>
<th></th>
<th>April 2023 data</th>
<th>April 2022 data</th>
</tr>
</thead>
<tbody>
<tr>
<td>At any point in the next 12 months</td>
<td>77%</td>
<td>60%</td>
</tr>
<tr>
<td>April-June trip</td>
<td>34%</td>
<td>22%</td>
</tr>
<tr>
<td>July-September trip</td>
<td>52%</td>
<td>37%</td>
</tr>
<tr>
<td>October-December trip</td>
<td>27%</td>
<td>24%</td>
</tr>
<tr>
<td>No plans / would never do this</td>
<td>21%</td>
<td>37%</td>
</tr>
</tbody>
</table>

Question: QVB2a. Thinking of your next UK holiday or short break, when are you likely to go on this trip? QVB2b. And when else do you anticipate going on a UK holiday or short break? Base: All respondents. April 2022 = 1,758, April 2023 = 1,755. Note: Multiple choice question. Totals may exceed 100% as some respondents anticipate taking multiple trips across several time periods.
For overnight overseas trips, intentions are also much higher than in April 2022, in particular between July and September.

Figure 5b. Proportion anticipating going on any overnight overseas trips, Percentage, April 2023, UK

<table>
<thead>
<tr>
<th></th>
<th>April 2023 data</th>
<th>April 2022 data</th>
</tr>
</thead>
<tbody>
<tr>
<td>At any point in the next 12 months</td>
<td>57%</td>
<td>43%</td>
</tr>
<tr>
<td>April-June trip</td>
<td>17%</td>
<td>12%</td>
</tr>
<tr>
<td>July-September trip</td>
<td>32%</td>
<td>22%</td>
</tr>
<tr>
<td>October-December trip</td>
<td>23%</td>
<td>14%</td>
</tr>
<tr>
<td>No plans / would never do this</td>
<td>35%</td>
<td>51%</td>
</tr>
</tbody>
</table>

Question: QVB2c. Thinking of your next OVERSEAS holiday or short break, when are you likely to go on this trip? QVB2d. And when else do you anticipate going on an overseas holiday or short break? Base: All respondents. April 2022 = 1,758, April 2023 = 1,755. Note: Multiple choice question. Totals may exceed 100% as some respondents anticipate taking multiple trips across several time periods.
Both long term domestic and overseas overnight trip intentions have steadily increased since December 2022

Figure 6. Proportion anticipating going on any overnight UK and overseas trips in the NEXT 12 MONTHS, Percentage, April 2023, UK

UK overnight trip  Overseas overnight trip


55  55  58  59  61  60  59  41  44  40  43  44  43  44

70  49  47  51  53  57  53  52  51  54  57

NO DATA AVAILABLE FOR JULY

QUESTION FORMAT CHANGED

Question: QVB2a. Thinking of your next UK holiday or short break, when are you likely to go on this trip? QVB2b. And when else do you anticipate going on a UK holiday or short break? QVB2c. Thinking of your next OVERSEAS holiday or short break, when are you likely to go on this trip? QVB2d. And when else do you anticipate going on an overseas holiday or short break? Base: All respondents. April 2023 = 1,755. Note: Multiple choice question. Totals may exceed 100% as some respondents anticipate taking multiple trips across several time periods.
At a ‘net level’, the number of intended domestic trips by UK adults is marginally above those taken in the last 12 months – overseas intentions still below

Figure 7. Number of UK overnight trips likely to take in next 12 months compared to last 12 months, Percentage, April 2023, UK

- Will take more: 24
- Will take about the same: 37
- Will take fewer: 23
- Don’t know/not sure yet: 15
- Net (‘more’ minus ‘fewer’): 1

Fig 8. Number of Overseas overnight trips likely to take in next 12 months compared to last 12 months, Percentage, April 2023, UK

- Will take more: 16
- Will take about the same: 30
- Will take fewer: 32
- Don’t know/not sure yet: 22
- Net (‘more’ minus ‘fewer’): -16

Question: VB1a. Thinking about the next 12 months, are you likely to take more, fewer or about the same number of UK and overseas holidays/short breaks than you took in the last 12 months? Base: All respondents. April 2023 = 1,755.
35% of respondents indicated they are more likely to choose a trip in the UK than overseas, compared to the last 12 months – the top reason being ‘UK holidays are cheaper’ (51%)

Figure 9. Difference in short break/holiday choices in the next 6 months compared to last 12 months, Percentage, April 2023, UK

- More likely to choose UK than overseas
- More likely to choose overseas than UK
- Broadly the same as past 12 months
- Don’t know/It depends on the situation

TOP 5 reasons for UK preference
1. UK holidays are cheaper (51%)
2. UK holidays are easier to plan (51%)
3. Shorter / quicker travel (43%)
4. To avoid long queues at airports/cancelled flights (41%)
5. I want to take holidays in places I am familiar with (29%)

TOP 5 reasons for Overseas preference
1. Better weather (50%)
2. I want to visit new places/experience new cultures (37%)
3. I’m prioritising overseas trips after missing out in the last few years (28%)
4. Overseas holidays are cheaper (27%)
5. To visit friends and relatives (18%)

FOR THE FULL LIST OF REASONS, PLEASE SEE THE PUBLISHED TABLES.
Question: VB2j. Thinking of the next 12 months, how different do you think your short break/holiday choices will be compared to the last 12 months? Base: All respondents. April 2023 = 1,755. VB2k. Why are you more likely to choose a UK trip than an overseas trip? April 2023 = 626, VB2l. Why are you more likely to choose an overseas trip than a UK trip? April 2023 = 455
The top potential barrier to taking overnight UK trips in the next 6 months is the ‘rising cost of living’, followed by ‘UK weather’ and ‘rising costs of holidays/leisure’.

Figure 10. Top 10 Barriers to taking an overnight UK trip in next 6 months, Percentage, April 2023, UK

<table>
<thead>
<tr>
<th>Factor</th>
<th>January 2023 data</th>
<th>February 2023 data</th>
<th>March 2023 data</th>
<th>April 2023 data</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rising cost of living</td>
<td>37</td>
<td>37</td>
<td>37</td>
<td>37</td>
</tr>
<tr>
<td>UK weather</td>
<td>28</td>
<td>28</td>
<td>28</td>
<td>28</td>
</tr>
<tr>
<td>Rising costs of holidays/leisure</td>
<td>26</td>
<td>26</td>
<td>26</td>
<td>26</td>
</tr>
<tr>
<td>Personal finances</td>
<td>24</td>
<td>24</td>
<td>24</td>
<td>24</td>
</tr>
<tr>
<td>The cost of fuel</td>
<td>19</td>
<td>19</td>
<td>19</td>
<td>19</td>
</tr>
<tr>
<td>My general health</td>
<td>16</td>
<td>16</td>
<td>16</td>
<td>16</td>
</tr>
<tr>
<td>Limited available annual leave</td>
<td>12</td>
<td>12</td>
<td>12</td>
<td>12</td>
</tr>
<tr>
<td>Prioritising overseas travel after missing out during the pandemic</td>
<td>9</td>
<td>9</td>
<td>9</td>
<td>9</td>
</tr>
<tr>
<td>Difficulty getting money back if a trip is cancelled</td>
<td>8</td>
<td>8</td>
<td>8</td>
<td>8</td>
</tr>
<tr>
<td>None/ No barriers</td>
<td>17</td>
<td>17</td>
<td>17</td>
<td>17</td>
</tr>
</tbody>
</table>

FOR THE FULL LIST OF BARRIERS, PLEASE SEE THE PUBLISHED TABLES.

Question: VB7b. Which, if any, of the following factors do you see as potential barriers to you taking a UK short break or holiday in the next six months?

Base: All asked each question. April 2023 = 1,755. "NET: Cost and finances includes ‘rising cost of living’, ‘personal finances’, ‘the cost of fuel’, ‘rising costs of holidays/leisure’ and ‘difficulty getting money back if a trip is cancelled’.
The rising cost of living has consistently been the biggest financial barrier to taking an overnight domestic trip

Figure 10b. Perceived financial barriers to an overnight trip in the UK in next 6 months, Wave-on-wave, Percentage, UK

Question: VB7b. Which, if any, of the following factors do you see as potential barriers to you taking a UK short break or holiday in the next six months?
Base: All asked each question. April = 1,755.
Focusing on barriers related directly to the cost of a domestic overnight trip, the cost of accommodation remains at the top, followed by cost drinking/eating out. The cost of fuel continues to decline as a barrier.

Figure 12. Individual costs barrier to taking UK holidays and short breaks in next 6 months, Wave-on-wave, Percentage, UK

Question: VB7bii. Which, if any, of these costs are the main financial barriers to you taking a UK short break or holiday in the next six months?
Base: April 2023 = 1,755.
UK adults plan to cut their overnight trip spending mainly on accommodation, activities and eating out. 31% will cut the number of trips, a slight increase from the previous three waves.

Figure 13a. ‘Cost of living’ impact on UK holidays and short breaks, Percentage, April 2023, UK, Full list

Choose cheaper accommodation: 30%
Look for more ‘free things’ to do: 27%
Spend less on eating out: 26%
Cut back on buying gifts/shopping at the destination: 19%
Take fewer UK short breaks/holidays: 17%
Travel when it’s cheaper (i.e. outside of busier time periods): 16%
Visit fewer visitor attractions: 15%
Do fewer activities: 15%
Choose self-catering accommodation: 15%
Take shorter UK short breaks/holidays: 14%
Stay with friends or relatives: 13%
Take a holiday in the UK instead of overseas: 11%
Take day trips instead of UK short breaks/holidays: 11%
Travel less at the destination: 10%
Take UK short breaks/holidays closer to home: 9%
Will not go on UK short breaks/holidays: 8%
The cost of living crisis isn’t likely to influence my UK short breaks/holidays at all: 23%

Reduce the number of UK overnight trips:

- January 2023 data: 29%
- February 2023 data: 30%
- March 2023 data: 29%
- April 2023 data: 31%

NET ‘fewer’, ‘not go’, ‘go day trips instead’

Question: VB7c. How, if at all, would you say the ‘cost of living crisis’ is likely to influence your UK short breaks or holidays in the next six months?
Base: April 2023 = 1,755.
In terms of **UK day trips**, 27% of UK adults intend to look for more free things to do. 35% will reduce the number of day trips – in line with the last three waves.

**Figure 13b. ‘Cost of living’ impact on day trips, Percentage, April 2023, UK, Full list**

- Look for more ‘free things’ to do: 27%
- Spend less on eating out: 26%
- Take fewer day trips: 26%
- Cut back on buying gifts/shopping: 20%
- Will travel when it’s cheaper (i.e. outside of busier time periods): 18%
- Take day trips closer to home: 18%
- Visit fewer visitor attractions: 17%
- Do fewer activities: 15%
- Will not go on day trips: 11%
- The cost of living crisis isn’t likely to influence my day trips at all: 26%

<table>
<thead>
<tr>
<th>Reduce the number of day trips</th>
<th>January 2023 data</th>
<th>February 2023 data</th>
<th>March 2023 data</th>
<th>April 2023 data</th>
</tr>
</thead>
<tbody>
<tr>
<td>NET ‘fewer’, ‘not go on day trips’</td>
<td>34%</td>
<td>34%</td>
<td>34%</td>
<td>35%</td>
</tr>
</tbody>
</table>

**Question:** VB7Cii. How, if at all, would you say the ‘cost of living crisis’ is likely to influence your day trips in the next few months?

**Base:** April 2023 = 1,755.
3. The Next Trip: Overnight and Day Trips
64% of UK adults have already booked their domestic trips for May, while 75% have already booked their overseas trips for that month.

**Figure 15.** Planning and booking the next intended UK and overseas overnight trip, Percentage, April 2023, UK

- I have already booked the trip
- I have decided where to go but not yet booked
- I am yet to decide where to go
- I am undecided whether I will take this trip at all

**Question: VB2e.** Which of the following best describes how close you are to booking your next overnight UK trip in \( <\text{INSERT MONTH FROM VB2c(III)}> \)?

**UK trip:** May 2023 \( n = 203 \), June 2023 \( n = 210 \), July 2023 \( n = 230 \), August 2023 \( n = 226 \).

**VB2g. Which of the following best describes how close you are to booking your next overnight OVERSEAS trip in \( <\text{INSERT MONTH FROM VB2c(III)}> \)?

**Base:** Overseas trip: May 2023 \( n = 110 \), June 2023 \( n = 120 \), July 2023 \( n = 154 \), August \( n = 156 \).
From May to July, short breaks are more common than longer breaks – July 2023 saw an increase in the proportion of those taking a short break with respect to the past year. In August, longer breaks are more likely.

Figure 17. Length of next UK holiday or short break by time period, Percentage, April 2023, UK

Question: QVB3. Is this next trip to <INSERT DESTINATION FROM VB4A> in <INSERT MONTH FROM VB2A> likely to be a short break (1-3 nights) or a holiday (4+ nights)?
The South West is the most preferred UK overnight destination in both time periods, consistent with intentions in 2022

Figure 18. Where planning on staying on next UK overnight trip in April to June 2023, Percentage, March 2023 to April 2023, UK

March 2023/April 2023 data

March 2022/April 2022 data

Figure 19. Where planning on staying on next UK overnight trip in July to September 2023, Percentage, March 2023 to April 2023, UK

March 2023/April 2023 data

March 2022/April 2022 data

Question: QVB4a. Where in the UK are you likely to stay on this next trip in <insert month>?

Base: All March 2023 to April 2023 respondents planning on taking a holiday or short break in the UK between April to June 2023 n = 1,036 July to September 2023 n =1,164; April to June 2022 n = 746 July to September 2022 n =854. Note: Multiple choice question. Totals may exceed 100% as some respondents anticipate staying in more than one location.
The top type of destination for an overnight trip in April-June is ‘countryside or village’, while in July-September it is ‘traditional coastal/seaside town’

Figure 20. Types of destination for trip in April to June 2023, Percentage, March 2023 to April 2023, UK

- March 2023/April 2023 data
- March 2022/April 2022 data

<table>
<thead>
<tr>
<th>Destination Type</th>
<th>March 2023/April 2023</th>
<th>March 2022/April 2022</th>
</tr>
</thead>
<tbody>
<tr>
<td>Countryside or village</td>
<td>32%</td>
<td>30%</td>
</tr>
<tr>
<td>A city or large town</td>
<td>31%</td>
<td>26%</td>
</tr>
<tr>
<td>Traditional coastal/seaside town</td>
<td>29%</td>
<td>29%</td>
</tr>
<tr>
<td>Rural coastline</td>
<td>18%</td>
<td>22%</td>
</tr>
<tr>
<td>Mountains or hills</td>
<td>15%</td>
<td>15%</td>
</tr>
</tbody>
</table>

Figure 21. Types of destination for overnight trip in July to September 2023, Percentage, March 2023 to April 2023, UK

- March 2023/April 2023 data
- March 2022/April 2022 data

<table>
<thead>
<tr>
<th>Destination Type</th>
<th>March 2023/April 2023</th>
<th>March 2022/April 2022</th>
</tr>
</thead>
<tbody>
<tr>
<td>Traditional coastal/seaside town</td>
<td>34%</td>
<td>35%</td>
</tr>
<tr>
<td>A city or large town</td>
<td>28%</td>
<td>26%</td>
</tr>
<tr>
<td>Countryside or village</td>
<td>28%</td>
<td>34%</td>
</tr>
<tr>
<td>Rural coastline</td>
<td>21%</td>
<td>25%</td>
</tr>
<tr>
<td>Mountains or hills</td>
<td>14%</td>
<td>12%</td>
</tr>
</tbody>
</table>

Question: VB5. Which of the following best describes the main types of destinations you are likely to stay in during your next UK holiday or short break in <INSERT DESTINATION FROM VB4A> in <INSERT MONTH FROM VB2A>? Base: All March 2023 to April 2023 respondents planning on taking a holiday or short break in the UK between April to June 2023 n = 1036, July to September 2023 n = 1164; April to June 2022 n = 746, July to September 2022 n = 854.
For both time periods, own car is the most common mode of travel, followed by train – the latter slightly more likely than in 2022.

Figure 22. Top 5 main modes of travel to destination for trip in April to June 2023, Percentage, March 2023 to April 2023, UK

- Own car: March 2023/April 2023 60%, March 2022/April 2022 61%
- Train: March 2023/April 2023 18%, March 2022/April 2022 16%
- Plane: March 2023/April 2023 4%, March 2022/April 2022 5%
- Car - hired/rented/taxi: March 2023/April 2023 3%, March 2022/April 2022 3%
- Public bus/coach: March 2023/April 2023 3%, March 2022/April 2022 3%

Figure 23. Top 5 main modes of travel to destination for overnight trip in July to September 2023, Percentage, March 2023 to April 2023, UK

- Own car: March 2023/April 2023 53%, March 2022/April 2022 63%
- Train: March 2023/April 2023 18%, March 2022/April 2022 15%
- Plane: March 2023/April 2023 7%, March 2022/April 2022 4%
- Car - hired/rented/taxi: March 2023/April 2023 5%, March 2022/April 2022 5%
- Private coach/bus: March 2023/April 2023 4%, March 2022/April 2022 2%

For the full list of modes of transport, please see the published tables.

Question: VB4c. What do you anticipate being the main mode of travel to your next UK holiday or short break in (insert destination from VB4a) in (insert month from VB2a)? Base: All March 2023 to April 2023 respondents planning on taking a holiday or short break in the UK between April to June 2023 n = 1031, July to September 2023 n = 1155; April to June 2022 n = 746, July to September 2022 n = 854.
For the next overnight trip in both time periods, ‘hotel / motel / inn’ is the leading accommodation type

Figure 24. Top 10 accommodation types planning on staying in on next UK overnight trip April to June 2023, Percentage, March 2023 to April 2023, UK

<table>
<thead>
<tr>
<th>Accommodation Type</th>
<th>March 2023/April 2022 data</th>
<th>March 2023/April 2023 data</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hotel / Motel / Inn</td>
<td>8</td>
<td>24</td>
</tr>
<tr>
<td>Staying in a rented home or similar</td>
<td>10</td>
<td>11</td>
</tr>
<tr>
<td>Friends or relatives home</td>
<td>7</td>
<td>14</td>
</tr>
<tr>
<td>Guest house / Bed and breakfast</td>
<td>7</td>
<td>14</td>
</tr>
<tr>
<td>Static caravan - not owned by you</td>
<td>8</td>
<td>11</td>
</tr>
<tr>
<td>Staying in a rented flat or similar</td>
<td>8</td>
<td>10</td>
</tr>
<tr>
<td>Second home/Timeshare</td>
<td>7</td>
<td>8</td>
</tr>
<tr>
<td>Campervan/Motorhome</td>
<td>7</td>
<td>7</td>
</tr>
<tr>
<td>Serviced apartment</td>
<td>8</td>
<td>10</td>
</tr>
</tbody>
</table>

FOR THE FULL LIST OF ACCOMODATION TYPES, PLEASE SEE THE PUBLISHED TABLES.

Question: VB6a. What type/s of accommodation do you expect to be staying in during your next UK holiday or short break in <INSERT DESTINATION FROM VB4A> in <INSERT MONTH FROM VB2A>? Base: All March 2023 to April 2023 respondents planning on taking a holiday or short break in the UK between April to June 2023 n = 1036, July to September 2023 n = 1164; April to June 2022 n = 746, July to September 2022 n = 854.
‘Partner’ is the most common companion on a trip during both time periods, followed by ‘child, grandchild or young adult’

**Figure 26. Visitor party make-up for trip in April to June 2023, Percentage, March 2023 to April 2023, UK**

<table>
<thead>
<tr>
<th></th>
<th>March 2023/April 2023 data</th>
<th>February 2022/March 2022 data</th>
</tr>
</thead>
<tbody>
<tr>
<td>Partner</td>
<td>64</td>
<td>58</td>
</tr>
<tr>
<td>Child, grandchild, or young adults with parents</td>
<td>31</td>
<td>30</td>
</tr>
<tr>
<td>Friends</td>
<td>18</td>
<td>17</td>
</tr>
<tr>
<td>Other members of family</td>
<td>16</td>
<td>16</td>
</tr>
<tr>
<td>Your parents (of adults aged 25+ only)</td>
<td>6</td>
<td>11</td>
</tr>
<tr>
<td>Pets</td>
<td>8</td>
<td>8</td>
</tr>
<tr>
<td>Intend to travel on my own</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>Other</td>
<td>5</td>
<td>5</td>
</tr>
</tbody>
</table>

**Figure 27. Visitor party make-up for trips taken from trip in July to September 2023, Percentage, March 2023 to April 2023, UK**

<table>
<thead>
<tr>
<th></th>
<th>March 2023/April 2023 data</th>
<th>March 2022/April 2022 data</th>
</tr>
</thead>
<tbody>
<tr>
<td>Partner</td>
<td>55</td>
<td>56</td>
</tr>
<tr>
<td>Child, grandchild, or young adults with parents</td>
<td>41</td>
<td>38</td>
</tr>
<tr>
<td>Friends</td>
<td>20</td>
<td>16</td>
</tr>
<tr>
<td>Other members of family</td>
<td>16</td>
<td>18</td>
</tr>
<tr>
<td>Your parents (of adults aged 25+ only)</td>
<td>5</td>
<td>12</td>
</tr>
<tr>
<td>Pets</td>
<td>9</td>
<td>9</td>
</tr>
<tr>
<td>Intend to travel on my own</td>
<td>6</td>
<td>3</td>
</tr>
<tr>
<td>Other</td>
<td>4</td>
<td>4</td>
</tr>
</tbody>
</table>

Question: QVB4d. With whom are you likely to spend your next UK holiday or short break in <INSERT DESTINATION FROM VB4A> in <INSERT MONTH FROM VB2a>?

Base: All March 2023 to April 2023 respondents planning on taking a holiday or short break in the UK between April to June 2023 n = 1031, July to September 2023 n = 1155; April to June 2022 n = 746, July to September 2022 n = 854. Totals may exceed 100% as some respondents anticipate a range of party types.
The top motivation for an overnight trip in April-June is ‘to get away from it all and have a rest’, and in July-September it is ‘family time or time with my partner’

<table>
<thead>
<tr>
<th>Motivation</th>
<th>April-June 2023</th>
<th>July-September 2023</th>
</tr>
</thead>
<tbody>
<tr>
<td>To get away from it all and have a rest</td>
<td>43%</td>
<td>39%</td>
</tr>
<tr>
<td>Family time or time with my partner</td>
<td>43%</td>
<td>35%</td>
</tr>
<tr>
<td>To connect with nature / be outdoors</td>
<td>23%</td>
<td>22%</td>
</tr>
<tr>
<td>To spend time with friends</td>
<td>21%</td>
<td>21%</td>
</tr>
<tr>
<td>To travel somewhere new</td>
<td>18%</td>
<td>20%</td>
</tr>
<tr>
<td>To experience excitement or fun</td>
<td>18%</td>
<td>20%</td>
</tr>
<tr>
<td>To celebrate a special occasion</td>
<td>11%</td>
<td>12%</td>
</tr>
<tr>
<td>To go somewhere where there was great food</td>
<td>10%</td>
<td>12%</td>
</tr>
<tr>
<td>Because of a particular interest</td>
<td>8%</td>
<td>12%</td>
</tr>
<tr>
<td>To learn something new</td>
<td>7%</td>
<td>10%</td>
</tr>
<tr>
<td>For adventure or a challenge</td>
<td>7%</td>
<td>9%</td>
</tr>
<tr>
<td>For an active holiday, with exercise or sport</td>
<td>6%</td>
<td>6%</td>
</tr>
<tr>
<td>To go somewhere luxurious</td>
<td>5%</td>
<td>5%</td>
</tr>
<tr>
<td>For a technology detox</td>
<td>3%</td>
<td>3%</td>
</tr>
</tbody>
</table>

Question: VB6fii. Which of the following best describe your motivation/s for this trip?
Base: All April respondents planning on taking a holiday or short break in the UK between April to June 2023 n = 568, July to September 2023 n = 609.
Note: Multiple choice question. Totals may exceed 100%.
In April-June, ‘walking, hiking or rambling’ is the top activity, while the top one in July-September is ‘trying local food and drink’.

Figure 30. Activities for UK holidays and short breaks, in April-June 2023, Percentage, March 2023, UK, Full list

- Walking, Hiking or Rambling: 41%
- Trying local food and drink: 39%
- Visit heritage sites: 31%
- Visit cultural attractions: 27%
- Explore scenic areas by car: 25%
- Nature and wildlife experiences: 20%
- Learn about local history and culture: 20%
- Visit family attractions: 17%
- Experience the nightlife: 13%
- Speciality shopping: 11%
- Adventure activities: 9%
- Water sports: 9%
- Health or wellbeing experiences: 7%
- Visit locations featured in TV, film or…: 7%
- Cycling or mountain biking: 6%
- Creative or artistic pursuits: 5%
- Conservation or volunteering activities: 2%
- Golf: 2%

Figure 31. Activities for UK holidays and short breaks in July-September 2023, Percentage, April 2023, UK, Full list

- Trying local food and drink: 37%
- Walking, Hiking or Rambling: 33%
- Visit heritage sites: 27%
- Learn about local history and culture: 22%
- Visit cultural attractions: 22%
- Explore scenic areas by car: 22%
- Visit family attractions: 21%
- Nature and wildlife experiences: 18%
- Experience the nightlife: 17%
- Adventure activities: 12%
- Water sports: 12%
- Visit locations featured in TV, film or…: 12%
- Speciality shopping: 11%
- Cycling or mountain biking: 10%
- Health or wellbeing experiences: 10%
- Creative or artistic pursuits: 8%
- Conservation or volunteering activities: 5%
- Golf: 3%

Question: VB6fiii. Which, if any, of these activities are you likely to do on your next UK short break or holiday in <INSERT MONTH FROM VB2A>?
Base: All April respondents planning on taking a holiday or short break in the UK between April to June 2023 n = 568, July to September 2023 n = 609.
Note: Multiple choice question. Totals may exceed 100%.
4. Past UK and Overseas Trips
More than 3 in 5 (63%) have taken a UK overnight trip between April 2022 and March 2023, while 43% have taken an overseas overnight trip in that time period.

Figure 32. Proportion taken an overnight UK or overseas trip in below time period, Percentage, April 2023, UK

Question: VB13a/f. Now reflecting on your recent behaviour, have you taken an overnight short break or holiday in the UK/overseas in the last 12 months?

Question: VB13a2/g. In which of these months have you taken an overnight short break or holiday in the UK in the last 12 months?

Base: All respondents. April 2023 = 1,755.
Multiple choice question. Totals may exceed 100% as some respondents anticipate taking more than one trip.
North West (20%) was the most popular destination for domestic trips in the past three months. The majority were for a holiday/leisure purpose.

Figure 33. Destination of overnight trips taken in UK in the past three months, Percentage, April 2023, UK

Question: VB13c. Where in the UK did you stay on your most recent trip in <INSERT MOST RECENT MONTH>? VB13e. And which of the following best describe the purpose/s of your most recent trip in <INSERT MOST RECENT MONTH >?
Base: All April 2023 respondents that took an overnight trips in the last three months n= 222.
Note: Multiple choice questions. Totals may exceed 100% as some respondents stayed in more than one location or travelled for more than one purpose.

Figure 34. Purpose of overnight UK trip taken in the past three months, Percentage, April 2023, UK
5. Overnight Business Trip Intentions (March 2023 data)

Note: * Overnight Business Trip Intentions questions are asked every second month
20% of UK adults in employment plan on taking an overnight business trip in the next 3 months. ‘Conference’ is the leading reason (30%), followed by ‘team building’ (at 25%).

Figure 35. Proportion anticipating an overnight business trip in next 3 months, Percentage, March 2023, UK adults in employment

<table>
<thead>
<tr>
<th>Month</th>
<th>9</th>
<th>10</th>
<th>11</th>
<th>12</th>
<th>13</th>
<th>14</th>
<th>15</th>
<th>16</th>
</tr>
</thead>
<tbody>
<tr>
<td>September</td>
<td>17</td>
<td>18</td>
<td>16</td>
<td>20</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>November</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>January</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>March</td>
<td></td>
<td></td>
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<td></td>
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</tr>
</tbody>
</table>

80% of UK adults interviewed are in employment

Figure 36. Reasons for taking an overnight business trip in next 3 months, Percentage, March 2023, UK adults in employment planning a trip

- Conference/convention/congress
- Team building
- Meeting 6 or more people
- Meeting 5 or fewer people
- Exhibition/Event/Trade fair
- Training/on a course
- Other

Question: VB14a. Now looking ahead again, are you intending to take any overnight business trips in the UK in the next three months? Please only answer yes if the overnight business trips are not a feature of your job. For example, if you are a long-distance lorry driver, airline crew or delivery service, an overnight stay would be a feature of the job so you would answer ‘no’. Please also answer ‘no’ if your only overnight business trip is a regular trip to your main place of work (e.g. a weekly or monthly trip to your office). Multiple choice question. Totals may exceed 100% as some respondents anticipate more than one business reason.

VB14b: What would be the main reason for this overnight business trip? Base: March 2023 respondents currently in employment n = 1,341. All taking a business trip n=314.
Methodology & Further Data
Methodology

– This report presents findings from the April 2023 wave of the Domestic Sentiment Tracker, with comparisons to previous months where appropriate.

– The survey is conducted online, among a sample of the UK adult population.

– In the first stage, a nationally representative core sample of 1,500 is recruited and interviewed. This sample is then ‘boosted’ for Wales and Scotland to ensure sufficient base sizes for separate nation analysis. The data are then weighted to make the sample representative of the UK overall and within each nation.

PLEASE NOTE:

– The current 6th phase of this project started in April 2023 and will run until March 2024.

– With this newly commissioned phase, the questionnaire was updated to address the cost of living crisis’ impact on trips intentions. It also covers the preference for domestic vs overseas overnight trips.

– Please note that as a result of the questionnaire updates, some questions are not comparable between this 6th phase and the previous phases / waves.
The full data tables are published on the VisitBritain website alongside this report and questions’ data not shown in this report are available to view there: [https://www.visitbritain.org/domestic-sentiment-tracker](https://www.visitbritain.org/domestic-sentiment-tracker)

Extra questions available in the tables are:

- VB1b. Likely to spend more, less or about the same on holidays in the next 12 months, vs last 12 months
- VB9a/b. More/Less likely to visit leisure places in the UK in the next 12 months, vs last 12 months
- VB10a/b. More/Less likely to conduct leisure activities in the UK in the next 12 months, vs last 12 months

To access a .csv file of the data contained within the charts, please open this report with Adobe Reader. When you have done so, navigate to the left hand side of the page to the attachments area, symbolised by a paperclip icon, and click on the file to open the attachment.