Domestic Sentiment Tracker: June 2024

Published: 5th July 2024
Fieldwork Period: 3rd to 9th June 2024

UK Results
Contents

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Note: * Overnight Business Trip Intentions questions are asked every second month
Introduction

• VisitEngland, VisitScotland and Visit Wales have commissioned a Domestic Sentiment Tracker to understand the impact of major events, such as the cost of living crisis, on the UK public’s intent to take overnight trips, both within the UK and abroad.

• The survey addresses areas, such as: current attitude to travel (incl. concerns around travel and reassurances needed from the tourism sector), intentions of UK residents to travel for day trips, short breaks and holidays, when they plan to book and when they plan to go on their trip, as well as the destination, type of location and accommodation for their intended trip.

• This tracker is based on a UK nationally representative sample of 1,500 adults aged 16+, with additional boosts for Scotland and Wales.

• Fieldwork tends to take place at the start of each month and this wave’s fieldwork was conducted between 3rd to 9th June 2024.

• The results (both, reports and data tables) are made publicly available and updated each wave at the following website:

  https://www.visitbritain.org/domestic-sentiment-tracker
Definitions used within this report

In this report, we look at the behaviour and attitudes of a number of separate audiences depending on when they intend to take an overnight domestic trip.

- **July to September 2024 Intenders**: Residents of the UK who claim their next domestic overnight trip will take place between *July to September 2024*

- **October to December 2024 Intenders**: Residents of the UK who claim their next domestic overnight trip will take place between *October to December 2024*

We also segment respondents by life stage and use the following definitions:

- **Pre-Nesters**: Aged 16-34 without children in household
- **Families**: Aged 16-64 with children in household
- **Older Independents**: Aged 35-64 without children in household
- **Retirement age**: Aged 65+
## June 2024: Scorecard of Key Metrics

<table>
<thead>
<tr>
<th>Key Metrics</th>
<th>June 2024</th>
<th>Change since May 2024</th>
</tr>
</thead>
<tbody>
<tr>
<td>% of UK adults stating ‘WORST IS STILL TO COME’ regarding the cost of living crisis</td>
<td>37%</td>
<td>-3%</td>
</tr>
<tr>
<td>Proportion intending a UK overnight trip at any point in the next 12 months</td>
<td>77%</td>
<td>+1%</td>
</tr>
<tr>
<td>Proportion intending an overseas overnight trip at any point in the next 12 months</td>
<td>60%</td>
<td>+1%</td>
</tr>
<tr>
<td>Preference for UK over overseas in the next 12 months (vs past 12 months)</td>
<td>33%</td>
<td>=</td>
</tr>
<tr>
<td>Took a domestic overnight trip in the past 12 months (June 2023 – May 2024)</td>
<td>64%</td>
<td>+3%</td>
</tr>
<tr>
<td>Reduce the number of UK overnight trips due to cost of living crisis [NET ‘fewer’, ‘not go’, ‘go day trips instead’]</td>
<td>26%</td>
<td>-2%</td>
</tr>
<tr>
<td>Reduce the number of day trips due to cost of living crisis [NET ‘fewer’, ‘not go on day trips’]</td>
<td>27%</td>
<td>-3%*</td>
</tr>
<tr>
<td>Top 3 barriers to taking a UK overnight trip in the next 6 months</td>
<td>1st Rising cost of living; 2nd UK weather 3rd Personal Finances</td>
<td>None</td>
</tr>
</tbody>
</table>

* Represents a statistically significant change on previous wave
N/A – due to new question wording meaning comparison to last wave cannot be done
### June 2024: Scorecard of Key Themes

<table>
<thead>
<tr>
<th>Key Theme</th>
<th>Question</th>
<th>June 2024</th>
<th>Change since May 2024</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Accommodation</strong></td>
<td>% of UK adults mentioning ‘Cost of Accommodation’ as a barrier to taking UK holidays and short breaks in the next 6 months</td>
<td>43%</td>
<td>+1%</td>
</tr>
<tr>
<td></td>
<td><strong>Top 3 accommodation types</strong> planning on staying in on next UK overnight trip in July to September 2024 – % choosing ‘Hotel / Motel / Inn’</td>
<td>39%</td>
<td>+1%</td>
</tr>
<tr>
<td></td>
<td><strong>Top 3 accommodation types</strong> planning on staying in on next UK overnight trip in July to September 2024 – % choosing ‘Friends or relatives' home’</td>
<td>16%</td>
<td>-1%</td>
</tr>
<tr>
<td></td>
<td><strong>Top 3 accommodation types</strong> planning on staying in on next UK overnight trip in July to September 2024 – % choosing ‘Guest house / Bed and Breakfast’</td>
<td>16%</td>
<td>=</td>
</tr>
<tr>
<td><strong>Drinking/eating out</strong></td>
<td>% of UK adults mentioning ‘Cost of Drinking/Eating out’ as a barrier to taking UK holidays and short breaks in the next 6 months</td>
<td>37%</td>
<td>+3%</td>
</tr>
<tr>
<td></td>
<td>Activities for UK holidays and short breaks in July to September 2024 - % choosing ‘Trying local food and drink’</td>
<td>37%</td>
<td>+4%*</td>
</tr>
<tr>
<td><strong>Attractions</strong></td>
<td>% of UK adults mentioning ‘Cost of Visitor Attraction’ as a barrier to taking UK holidays and short breaks in the next 6 months</td>
<td>17%</td>
<td>-4%*</td>
</tr>
<tr>
<td></td>
<td>Activities for UK holidays and short breaks in July to September 2024 - % choosing to ‘Visit heritage sites’</td>
<td>29%</td>
<td>+1%</td>
</tr>
<tr>
<td></td>
<td>Activities for UK holidays and short breaks in July to September 2024 - % choosing to 'Visit cultural attractions'</td>
<td>29%</td>
<td>+6%*</td>
</tr>
<tr>
<td></td>
<td>Activities for UK holidays and short breaks July to September 2024 - % choosing to ‘Visit family attractions’</td>
<td>19%</td>
<td>=</td>
</tr>
</tbody>
</table>

* Represents a statistically significant change on previous wave
1. Current General Sentiment
Cost-of-living perceptions are the most positive since tracking began, with a decline to 37% in the proportion who think ‘the worst is still to come’

Figure 1. Perception of the situation with regards to cost of living crisis, Percentage wave-on-wave, UK

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<tr>
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</tr>
</thead>
<tbody>
<tr>
<td>CPI 12-month rate</td>
<td>11.1</td>
<td>10.7</td>
<td>10.5</td>
<td>10.1</td>
<td>10.4</td>
<td>10.1</td>
<td>8.7</td>
<td>8.7</td>
<td>7.9</td>
<td>6.8</td>
<td>6.7</td>
<td>6.7</td>
<td>4.6</td>
<td>3.9</td>
<td>4.0</td>
<td>4.0</td>
<td>3.4</td>
<td>3.2</td>
<td>2.3</td>
<td>n/a</td>
<td>n/a</td>
</tr>
<tr>
<td>BOE Base rate</td>
<td>2.25</td>
<td>3.00</td>
<td>3.50</td>
<td>3.50</td>
<td>4.00</td>
<td>4.25</td>
<td>4.25</td>
<td>4.50</td>
<td>5.00</td>
<td>5.00</td>
<td>5.25</td>
<td>5.25</td>
<td>5.25</td>
<td>5.25</td>
<td>5.25</td>
<td>5.25</td>
<td>5.25</td>
<td>5.25</td>
<td>5.25</td>
<td>5.25</td>
<td>5.25</td>
</tr>
</tbody>
</table>

Question: Q7b: And now regarding the ‘cost of living crisis’ in the UK and the way it is going to change in the coming few months, which of the following best describes your opinion? Base: All respondents. June 2024 = 1,755. Monthly CPI data from the Office of National Statistics (ONS), latest available April 2024. Base Rate historical data from BOE Database.
Due to the cost-of-living crisis, most UK adults (65%) are either ‘cautious and being very careful’ (44%) or have been ‘hit hard and are cutting back’ (21%)

Figure 2. Feelings about situation during the ‘cost of living crisis’, Percentage wave-on-wave, UK

- I’m one of the lucky ones – better off than before the crisis
- I’m alright – the ‘cost of living crisis’ has not really affected me and confident it won’t
- I’m cautious - things are OK but I feel I have to be very careful
- I’ve been hit hard – no option but to cut back on spending
- Although I’ve been hit hard and should cut back, I’ll spend today and let tomorrow look after itself
2. Trip Intentions: UK and Overseas
Overnight domestic trip intentions above levels anticipated back in June 2023. 77% are planning a trip in the next 12 months compared to 74% a year earlier.

Figure 5. Proportion anticipating going on any overnight UK trips, Percentage, June 2024, UK

Question: QVB2a. Thinking of your next UK holiday or short break, when are you likely to go on this trip? QVB2b. And when else do you anticipate going on a UK holiday or short break? Base: All respondents. June 2023 = 1,755, June 2024 = 1,755. Note: Multiple choice question. Totals may exceed 100% as some respondents anticipate taking multiple trips across several time periods.
For overnight overseas trips, intentions are also above 2023 levels, 60% are planning an overseas trip in the next 12 months compared to 55% the year before.

Figure 5b. Proportion anticipating going on any overnight overseas trips, Percentage, June 2024, UK

Question: QVB2c. Thinking of your next OVERSEAS holiday or short break, when are you likely to go on this trip? QVB2d. And when else do you anticipate going on an overseas holiday or short break? Base: All respondents. June 2023 = 1,755, June 2024 = 1,755. Note: Multiple choice question. Totals may exceed 100% as some respondents anticipate taking multiple trips across several time periods.
In June, long term domestic and overseas overnight trip intentions are slightly above last wave, but have not yet recovered to the peak seen in February 2024.

Figure 6. Proportion anticipating going on any overnight UK and overseas trips in the NEXT 12 MONTHS, Percentage, June 2024, UK

UK overnight trip
Overseas overnight trip

Question: QVB2a. Thinking of your next UK holiday or short break, when are you likely to go on this trip? QVB2b. And when else do you anticipate going on a UK holiday or short break? QVB2c. Thinking of your next OVERSEAS holiday or short break, when are you likely to go on this trip? QVB2d. And when else do you anticipate going on an overseas holiday or short break? Base: All respondents June 2024 = 1,761. Note: Multiple choice question. Totals may exceed 100% as some respondents anticipate taking multiple trips across several time periods. *no data available for July 2022.
Commitment is higher for overseas trips compared to trips in the UK – 98% are very committed for a June overseas trips compared to 87% for UK trips in the same period.

Figure 7. Commitment to taking the next overnight UK trip, Percentage, June 2024, UK

- Very committed: June 2024 = 87, July - September 2024 = 51, October - December 2024 = 41
- Fairly committed: June 2024 = 38, July - September 2024 = 43, October - December 2024 = 43
- Not very committed: June 2024 = 8, July - September 2024 = 12, October - December 2024 = 12
- Not at all committed: June 2024 = 3, July - September 2024 = 1, October - December 2024 = 1
- Don’t know/not sure: June 2024 = 0, July - September 2024 = 0, October - December 2024 = 0

Figure 8. Commitment to taking the next overnight overseas trip, Percentage, June 2024, UK

- Very committed: June 2024 = 98, July - September 2024 = 66, October - December 2024 = 54
- Fairly committed: June 2024 = 0, July - September 2024 = 26, October - December 2024 = 30
- Not very committed: June 2024 = 0, July - September 2024 = 5, October - December 2024 = 13
- Not at all committed: June 2024 = 0, July - September 2024 = 2, October - December 2024 = 2
- Don’t know/not sure yet: June 2024 = 0, July - September 2024 = 0, October - December 2024 = 0
33% of respondents indicated they are more likely to choose a trip in the UK than overseas compared to the last 12 months – the top reason being ‘UK holidays are easier to plan’ (53%)

Figure 9. Difference in short break/holiday choices in the next 6 months compared to last 12 months, Percentage, June 2024, UK

More likely to choose UK than overseas  More likely to choose overseas than UK  Broadly the same as past 12 months  Don’t know/It depends on the situation

<table>
<thead>
<tr>
<th></th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>More likely to choose UK than overseas</td>
<td>33</td>
</tr>
<tr>
<td>More likely to choose overseas than UK</td>
<td>29</td>
</tr>
<tr>
<td>Broadly the same as past 12 months</td>
<td>23</td>
</tr>
<tr>
<td>Don’t know/It depends on the situation</td>
<td>14</td>
</tr>
</tbody>
</table>

**TOP 5 reasons for UK preference**

1. UK holidays are easier to plan (53%)
2. UK holidays are cheaper (51%)
3. Shorter / quicker travel (48%)
4. To avoid long queues at airports/cancelled flights (36%)
5. I want to take holidays in places I am familiar with (29%)

**TOP 5 reasons for Overseas preference**

1. Better weather (52%)
2. I want to visit new places/experience new cultures (41%)
3. Overseas holidays are cheaper (29%)
4. I’m prioritising overseas trips after missing out in the last few years (26%)
5. To visit friends or relatives (22%)

For the full list of reasons, please see the published tables.

Question: VB2j. Thinking of the next 12 months, how different do you think your short break/holiday choices will be compared to the last 12 months? Base: All respondents. June 2024 = 1755. VB2k. Why are you more likely to choose a UK trip than an overseas trip? June 2024 = 597. VB2l. Why are you more likely to choose an overseas trip than a UK trip? June 2024 = 502.
The top potential barrier to taking overnight UK trips in the next 6 months is the ‘rising cost of living’ (31%), followed by ‘UK weather’ (30%) and ‘personal finances’ (26%).

Figure 10. Top 10 Barriers to taking an overnight UK trip in next 6 months, Percentage, June 2024, UK

<table>
<thead>
<tr>
<th>Factor</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rising cost of living</td>
<td>31%</td>
</tr>
<tr>
<td>UK weather</td>
<td>30%</td>
</tr>
<tr>
<td>Personal finances</td>
<td>26%</td>
</tr>
<tr>
<td>Rising costs of holidays/leisure</td>
<td>23%</td>
</tr>
<tr>
<td>My general health</td>
<td>17%</td>
</tr>
<tr>
<td>The cost of fuel</td>
<td>14%</td>
</tr>
<tr>
<td>Limited available annual leave</td>
<td>14%</td>
</tr>
<tr>
<td>I wouldn’t take a UK short break or holiday in the next six months regardless of the circumstances</td>
<td>9%</td>
</tr>
<tr>
<td>Prioritising overseas travel after missing out during the pandemic</td>
<td>7%</td>
</tr>
<tr>
<td>None/No barriers</td>
<td>18%</td>
</tr>
</tbody>
</table>

FOR THE FULL LIST OF BARRIERS, PLEASE SEE THE PUBLISHED TABLES.

Question: VB7b. Which, if any, of the following factors do you see as potential barriers to you taking a UK short break or holiday in the next six months?

Base: All asked each question. June 2024 = 1,755. *NET: Cost and finances includes ‘rising cost of living’, ‘personal finances’, ‘the cost of fuel’, ‘rising costs of holidays/leisure’ and ‘difficulty getting money back if a trip is cancelled’
In the last year, financial factors have been perceived as less of a barrier to domestic travel than previously.

Figure 10b. Perceived financial barriers to an overnight trip in the UK in next 6 months, Wave-on-wave, Percentage, UK

Question: VB7b. Which, if any, of the following factors do you see as potential barriers to you taking a UK short break or holiday in the next six months? Base: All asked each question. June 2024 = 1,755.
Focusing on barriers related directly to the cost of a domestic overnight trip, the ‘cost of accommodation’ remains at the top, followed by ‘cost of drinking/eating out’ – the latter bouncing back after the dip in May.

Figure 12. Individual costs barrier to taking UK holidays and short breaks in next 6 months, Wave-on-wave, Percentage, UK

Question: VB7bii. Which, if any, of these costs are the main financial barriers to you taking a UK short break or holiday in the next six months?

Base: June 2024 = 1,755.
UK adults plan to cut their overnight trip spending mainly on accommodation, eating out and activities. 26% will cut the number of trips they will take.

Figure 13a. ‘Cost of living’ impact on UK holidays and short breaks, Percentage, June 2024, UK, Full list

- Choose Cheaper Accommodation: 24%
- Spend Less On Eating Out: 24%
- Look For More ‘Free Things’ To Do: 21%
- Cut Back On Buying Gifts/Shopping At The Destination: 16%
- Choose Self-Catering Accommodation: 14%
- Travel When It’s Cheaper: 14%
- Do Fewer Activities: 13%
- Take Fewer UK Short Breaks/Holidays: 12%
- Visit Fewer Visitor Attractions: 11%
- Take Shorter UK Short Breaks/Holidays: 10%
- Stay With Friends Or Relatives: 10%
- Travel Less At The Destination: 10%
- Take A Holiday In The UK Instead Of Overseas: 10%
- Not Go On UK Short Breaks/Holidays: 9%
- Take UK Short Breaks/Holidays Closer To Home: 9%
- Take Day Trips Instead Of UK Short Breaks/Holidays: 8%

Question: VB7c. How, if at all, would you say the ‘cost of living crisis’ is likely to influence your UK short breaks or holidays in the next six months? Base: June 2024 = 971. *Question format changed in March 2024.
In terms of UK day trips, 22% of UK adults intend to look for free things to do. 27% will reduce the number of day trips.

Figure 13b. ‘Cost of living’ impact on day trips, Percentage, June 2024, UK, Full list

- Look for more ‘free things’ to do on day trips: 22%
- Spend less on eating out on day trips: 21%
- Will take fewer day trips: 19%
- Cut back on buying gifts/shopping on day trips: 16%
- Travel when it’s cheaper (i.e. outside of busier time periods): 16%
- Take day trips closer to home: 14%
- Do fewer activities on day trips: 13%
- Visit fewer visitor attractions on day trips: 12%
- Will not go on day trips: 12%

Reduce the number of day trips

<table>
<thead>
<tr>
<th>NET ‘fewer’, ‘not go on day trips’</th>
<th>Mar 2024 data</th>
<th>Apr 2024 data</th>
<th>May 2024 data</th>
<th>June 2024 data</th>
</tr>
</thead>
<tbody>
<tr>
<td>31%</td>
<td>30%</td>
<td>30%</td>
<td>27%</td>
<td></td>
</tr>
</tbody>
</table>

Question: VB7Cii. How, if at all, would you say the ‘cost of living crisis’ is likely to influence your day trips in the next few months?
Base: June 2024 = 859. *Question format changed in March 2024.
A similar proportion of UK adults will reduce the number of UK day trips and overnight trips due to the cost of living (27% and 26% respectively)

Figure 13c. ‘Cost of living’ impact on UK holidays and short breaks and day trips, Percentage, Wave-on-wave 2024, UK,
3. The Next Trip: Overnight and Day Trips
49% of UK intenders have already booked their domestic trips for July, while 64% have already booked their overseas trips for the same month.

Figure 15. Planning and booking the next intended UK and overseas overnight trip, Percentage, June 2024, UK

Question: VB2e. Which of the following best describes how close you are to booking your next overnight UK trip in <INSERT MONTH FROM VB2c(III)>? Base: UK trip: July 2024 n = 266, August 2024 n = 336, September 2023 n = 252, October 2024 n = 100. VB2g. Which of the following best describes how close you are to booking your next overnight OVERSEAS trip in <INSERT MONTH FROM VB2c(III)>? Base: Overseas trip: July 2024 n = 131, August 2024 n = 172, September 2024 n = 163, October 2024 n = 135.
Domestic trips are more likely to be short (1-3 nights) than longer (4+ nights) for the next 3 months, with the propensity towards shorter trips generally stronger than in 2023.

Figure 17. Length of next UK holiday or short break by time period, Percentage, June 2024, UK

<table>
<thead>
<tr>
<th>Time Period</th>
<th>Short break (1-3 nights)</th>
<th>Longer break (4+ nights)</th>
<th>Unsure</th>
</tr>
</thead>
<tbody>
<tr>
<td>July 2024 trip</td>
<td>4</td>
<td>37</td>
<td>60</td>
</tr>
<tr>
<td>July 2023 trip</td>
<td>2</td>
<td>48</td>
<td>50</td>
</tr>
<tr>
<td>August 2024 trip</td>
<td>3</td>
<td>45</td>
<td>52</td>
</tr>
<tr>
<td>August 2023 trip</td>
<td>3</td>
<td>45</td>
<td>52</td>
</tr>
<tr>
<td>September 2024 trip</td>
<td>2</td>
<td>43</td>
<td>55</td>
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<tr>
<td>September 2023 trip</td>
<td>6</td>
<td>43</td>
<td>50</td>
</tr>
<tr>
<td>October 2024 trip</td>
<td>7</td>
<td>42</td>
<td>51</td>
</tr>
<tr>
<td>October 2023 trip</td>
<td>8</td>
<td>34</td>
<td>58</td>
</tr>
</tbody>
</table>

Base: All June 2024 respondents intending to take next holiday or short break in each time period: July 2024 n = 266, August 2024 n = 336, September 2023 n = 252, October 2024 n = 100. UK trip 2023: July 2023 n = 257, August 2023 n = 342, September 2023 n = 240, October 2023 n = 106.
The South West is the most preferred UK overnight destination in July to September 2024, while it is London in October to December 2024.

Figure 18. Where planning on staying on next UK overnight trip in July to September 2024, Percentage, May and June 2024, UK

- May 2024 / June 2024 data
- May 2023 / June 2023 data

Figure 19. Where planning on staying on next UK overnight trip in October to December 2024, Percentage, May and June 2024, UK

- May 2024 / June 2024 data
- May 2023 / June 2023 data

Question: QVB4a. Where in the UK are you likely to stay on this next trip in <insert month>?
Base: All May and June 2024 respondents planning on taking a holiday or short break in the UK July to September 2023 n = 1,578, October to December 2023 n = 403; July to September 2024 n = 1,536, October to December 2024 n = 378. Note: Multiple choice question. Totals may exceed 100% as some respondents anticipate staying in more than one location.
The top destination types for summer trips are ‘a city or large town’ ‘traditional coastal/seaside town’ and ‘countryside or village’

Figure 20. Types of destination for trip in July to September 2024, Percentage, May and June 2024, UK

- May 2024 / June 2024 data
- May 2023 / June 2023 data

Figure 21. Types of destination for overnight trip in October to December 2024, Percentage, May and June 2024, UK

- May 2024 / June 2024 data
- May 2023 / June 2023 data

Question: VB5. Which of the following best describes the main types of destinations you are likely to stay in during your next UK holiday or short break in <INSERT DESTINATION FROM VB4A> in <INSERT MONTH FROM VB2A>? Base: All May and June 2024 respondents planning on taking a holiday or short break in the UK July to September 2023 n = 1,578, October to December 2023 n = 403; July to September 2024 n = 1,536, October to December 2024 n = 378.
For the next overnight trip in both time periods, ‘hotel / motel / inn’ is the leading accommodation type, followed by a ‘friends or relatives’ home’.

Figure 24. Top 10 accommodation types planning on staying in on next UK overnight trip in July to September 2024, Percentage, May and June 2024, UK

Figure 25. Top 10 accommodation types planning on staying in on next UK overnight trip in October to December 2024, Percentage, May and June 2024, UK

FOR THE FULL LIST OF ACCOMMODATION TYPES, PLEASE SEE THE PUBLISHED TABLES.

Question: VB6a. What type/s of accommodation do you expect to be staying in during your next UK holiday or short break in [INSERT DESTINATION FROM VB4A] in [INSERT MONTH FROM VB2A]. Base: All May and June 2024 respondents planning on taking a holiday or short break in the UK July to September 2023 n = 1,578, October to December 2023 n = 403; July to September 2024 n = 1,536, October to December 2024 n = 378.
The top motivation for overnight trips in July to September 2024 and October to December 2024 is ‘family time or time with my partner’ and ‘getting away from it all and have rest’

<table>
<thead>
<tr>
<th>Motivation</th>
<th>July to September 2024 (%)</th>
<th>October to December 2024 (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Family time or time with my partner</td>
<td>43</td>
<td>35</td>
</tr>
<tr>
<td>To get away from it all and have a rest</td>
<td>41</td>
<td>30</td>
</tr>
<tr>
<td>To connect with nature / be outdoors</td>
<td>26</td>
<td>25</td>
</tr>
<tr>
<td>To experience excitement or fun</td>
<td>22</td>
<td>20</td>
</tr>
<tr>
<td>To spend time with friends</td>
<td>17</td>
<td>17</td>
</tr>
<tr>
<td>To travel somewhere new</td>
<td>16</td>
<td>16</td>
</tr>
<tr>
<td>To celebrate a special occasion, such as…</td>
<td>12</td>
<td>14</td>
</tr>
<tr>
<td>For adventure or a challenge</td>
<td>10</td>
<td>13</td>
</tr>
<tr>
<td>For an active holiday, with exercise or sport</td>
<td>10</td>
<td>10</td>
</tr>
<tr>
<td>To go somewhere where there is great food</td>
<td>10</td>
<td>12</td>
</tr>
<tr>
<td>To learn something new</td>
<td>9</td>
<td>12</td>
</tr>
<tr>
<td>Because of a particular interest</td>
<td>9</td>
<td>10</td>
</tr>
<tr>
<td>To go somewhere luxurious where I could…</td>
<td>7</td>
<td>8</td>
</tr>
<tr>
<td>For a technology detox</td>
<td>5</td>
<td>5</td>
</tr>
</tbody>
</table>

Question: VB6fii. Which of the following best describe your motivation/s for this trip? Base: All June 2024 respondents planning on taking a holiday or short break in the UK between July to September 2024 n = 854, October to December 2024 n = 218. Note: Multiple choice question. Totals may exceed 100%.
The top activity in both time periods is ‘trying local food and drink’, with ‘Walking, hiking or Rambling’ sharing the top in October to December 2024.

Figure 30. Activities for UK holidays and short breaks, in July to September 2024, Percentage, June 2024, UK, Full list

- Trying local food and drink: 37%
- Walking, Hiking or Rambling: 34%
- Visit heritage sites: 29%
- Visit cultural attractions: 29%
- Explore scenic areas by car: 23%
- Nature and wildlife experiences: 23%
- Learn about local history and culture: 21%
- Visit family attractions: 19%
- Experience the nightlife: 15%
- Adventure activities: 12%
- Speciality shopping: 12%
- Visit locations featured in TV, film or…: 11%
- Visit a theme park: 11%
- Water sports: 11%
- Health or wellbeing experiences: 9%
- Creative or artistic pursuits: 7%
- Cycling or mountain biking: 5%
- Conservation or volunteering activities: 5%
- Golf: 4%

Figure 31. Activities for UK holidays and short breaks in October to December 2024, Percentage, June 2024, UK, Full list

- Walking, Hiking or Rambling: 28%
- Trying local food and drink: 28%
- Visit cultural attractions (e.g. museums,…): 22%
- Visit heritage sites (e.g. castles, historic…): 22%
- Explore scenic areas by car: 20%
- Learn about local history and culture: 17%
- Health or wellbeing experiences (e.g.…): 15%
- Visit family attractions: 15%
- Adventure activities: 14%
- Experience the nightlife (e.g. pubs, bars…): 14%
- Speciality shopping (e.g. for something…): 12%
- Nature and wildlife experiences (e.g. bird…): 12%
- Water sports (e.g. swimming, surfing,…): 11%
- Visit a theme park: 11%
- Conservation or volunteering activities: 9%
- Creative or artistic pursuits (e.g.…): 8%
- Visit locations featured in TV, film or…: 8%
- Cycling or mountain biking: 7%
- Golf: 4%

Question: VB6fiii. Which, if any, of these activities are you likely to do on your next UK short break or holiday in <INSERT MONTH FROM VB2A>?

Base: All June 2024 respondents planning on taking a holiday or short break in the UK between July to September 2024 n = 854, October to December 2024 n = 218.

Note: Multiple choice question. Totals may exceed 100%. *Visited theme parks was added to the list in March 2024.
4. Past UK and Overseas Trips
More than 3 in 5 (64%) have taken a UK overnight trip between June 2023 and May 2024, while 42% have taken an overseas overnight trip during the same time period.

Figure 32. Proportion UK adult population who have taken an overnight UK or overseas trip in below time period, Percentage, June 2024, UK

Question: VB13a/f. Now reflecting on your recent behaviour, have you taken an overnight short break or holiday in the UK/overseas in the last 12 months?

VB13a2/g. In which of these months have you taken an overnight short break or holiday in the UK in the last 12 months?

Base: All respondents June 2024 = 1,755.
Multiple choice question. Totals may exceed 100% as some respondents anticipate taking more than one trip.
21% of respondents went on a domestic overnight trip between March and May 2024, compared to 29% who had previously intended to do so.

Figure 32b. Incidence of UK short breaks or holidays intended within next 3 months and taken in last 3 months of UK adult population, Percentage, June 2024, UK

Germanisch: Die Grafik zeigt die Incidence der UK Kurzurlaub oder Ausflüge, die in den nächsten 3 Monaten geplant und in den letzten 3 Monaten in der UK erwachsener Bevölkerung, Prozent, Juni 2024, UK.

VB2a. Thinking of the next UK holiday or short break you are likely to take, when are you likely to plan, book and go on this trip?

VB13a2: Now reflecting on your recent behaviour, have you taken an overnight short break or holiday in the UK in the last 12 months? Base: All UK respondents = 1755. Data shows the proportion intending to take a trip within the next 3 months – this will not account for intentions established less than 3 months ahead of trip date – and trips taken. Actual trips taken is only available from April 2021 up to May 2024.
11% went on an overseas holiday between March and May, compared to 14% that planned to. The gap between intention and trips taken is smaller for overseas than domestic trips.

Figure 32c. Incidence of overseas short breaks or holidays intended within next 3 month and taken in last 3 months of UK adult population, Percentage, June 2024, UK

VB2c. Thinking of the next overseas holiday or short break you are likely to take, when are you likely to plan, book and go on this trip?

VB13g: Now reflecting on your recent behaviour, have you taken an overnight overseas short break or holiday in the last 12 months? Base: All UK respondents = 1755. Data shows the proportion intending to take a trip within the next 3 months – this will not account for intentions established less than 3 months ahead of trip date – and trips taken. Actual trips taken is only available from April 2021 up to May 2024.
South West of England was the most popular destination for domestic trips in the past three months, followed by North West of England and London.

Figure 33. Destination of overnight trips taken in UK in the past three months, Percentage, June 2024, UK

Question: VB13c. Where in the UK did you stay on your most recent trip in <INSERT MOST RECENT MONTH>? VB13e. And which of the following best describe the purpose/s of your most recent trip in <INSERT MOST RECENT MONTH>?

Base: All June 2024 respondents that took an overnight trips in the last three months n = 366, All June 2023 respondents = 370.
Note: Multiple choice questions. Totals may exceed 100% as some respondents stayed in more than one location or travelled for more than one purpose.
5. Overnight Business Trip Intentions (May 2024 data)

Note: * Overnight Business Trip Intentions questions are asked every second month
16% of UK adults in employment plan on taking an overnight business trip in the next 3 months. ‘Conference’ is the leading reason (30%), followed by ‘meeting’ (28%).

Figure 35. Proportion anticipating an overnight business trip in next 3 months, Percentage, May 2024, UK adults in employment

80% of UK adults interviewed are in employment.

Figure 36. Reasons for taking an overnight business trip in next 3 months, Percentage, May 2024, UK adults in employment planning a trip

Question: VB14a. Now looking ahead again, are you intending to take any overnight business trips in the UK in the next three months? Please only answer yes if the overnight business trips are not a feature of your job. For example, if you are a long-distance lorry driver, airline crew or delivery service, an overnight stay would be a feature of the job so you would answer ‘no’. Please also answer ‘no’ if your only overnight business trip is a regular trip to your main place of work (e.g. a weekly or monthly trip to your office). Multiple choice question. Totals may exceed 100% as some respondents anticipate more than one business reason.

VB14b: What would be the main reason for this overnight business trip? Base: May 2024 respondents currently in employment n = 1,761. All taking a business trip n= 274.
Methodology & Further Data
Methodology

– This report presents findings from the June 2024 wave of the Domestic Sentiment Tracker, with comparisons to previous months where appropriate.

– The survey is conducted online, among a sample of the UK adult population.

– In the first stage, a nationally representative core sample of 1,500 is recruited and interviewed. This sample is then ‘boosted’ for Wales and Scotland to ensure sufficient base sizes for separate nation analysis. The data are then weighted to make the sample representative of the UK overall and within each nation.

PLEASE NOTE:

– The current phase of this project started in April 2023 and will run until March 2025.

– With this newly commissioned phase, the questionnaire was updated to address the cost of living crisis’ impact on trips intentions. It also covers the preference for domestic vs overseas overnight trips.

– Please note that because of the questionnaire updates, some questions are not comparable between this phase and the previous phases / waves.
Master Data Table

• The full data tables are published on the VisitBritain website alongside this report and questions’ data not shown in this report are available to view there: https://www.visitbritain.org/domestic-sentiment-tracker
  Extra questions available in the tables are:
  • VB1b. Likely to spend more, less or about the same on holidays in the next 12 months, vs last 12 months
  • VB9a/b. More/Less likely to visit leisure places in the UK in the next 12 months, vs last 12 months
  • VB10a/b. More/Less likely to conduct leisure activities in the UK in the next 12 months, vs last 12 months

• To access a .csv file of the data contained within the charts, please open this report with Adobe Reader. When you have done so, navigate to the left-hand side of the page to the attachments area, symbolised by a paperclip icon, and click on the file to open the attachment.