Domestic Sentiment Tracker: December 2023

Published: 20th December 2023
Fieldwork Period: 1st to 7th December 2023

UK Results
Contents

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Note: * Overnight Business Trip Intentions questions are asked every second month
Introduction

• VisitEngland, VisitScotland and Visit Wales have commissioned a Domestic Sentiment Tracker to understand the impact of major events, such as the cost-of-living crisis, on the UK public’s intent to take overnight trips, both within the UK and abroad.

• The survey addresses areas, such as: current attitude to travel (incl. concerns around travel and reassurances needed from the tourism sector), intentions of UK residents to travel for day trips, short breaks and holidays, when they plan to book and when they plan to go on their trip, as well as the destination, type of location and accommodation for their intended trip.

• This tracker is based on a UK nationally representative sample of 1,500 adults aged 16+, with additional boosts for Scotland and Wales.

• Fieldwork tends to take place at the start of each month and this wave’s fieldwork was conducted between 1st to 7th December 2023.

• The results (both, reports and data tables) are made publicly available and updated each wave at the following website:

  https://www.visitbritain.org/domestic-sentiment-tracker
In this report, we look at the behaviour and attitudes of a number of separate audiences depending on when they intend to take an overnight domestic trip.

- **January to March 2024 Intenders**: Residents of the UK who claim their next domestic overnight trip will take place between January to March 2024

- **April to June 2024 Intenders**: Residents of the UK who claim their next domestic overnight trip will take place between April to June 2024

We also segment respondents by life stage and use the following definitions:

- **Pre-Nesters**: Aged 16-34 without children in household
- **Families**: Aged 16-64 with children in household
- **Older Independents**: Aged 35-64 without children in household
- **Retirement age**: Aged 65+
### December 2023: Scorecard of Key Metrics

<table>
<thead>
<tr>
<th>Key Metrics</th>
<th>December 2023</th>
<th>Change since November 2023</th>
</tr>
</thead>
<tbody>
<tr>
<td>% of UK adults stating ‘WORST IS STILL TO COME’ regarding the cost of living crisis</td>
<td>47%</td>
<td>=</td>
</tr>
<tr>
<td>Proportion intending a UK overnight trip at any point in the next 12 months</td>
<td>78%</td>
<td>+1%</td>
</tr>
<tr>
<td>Proportion intending an overseas overnight trip at any point in the next 12 months</td>
<td>64%</td>
<td>+3%</td>
</tr>
<tr>
<td>Preference for UK over overseas in the next 12 months (vs past 12 months)</td>
<td>34%</td>
<td>+3%</td>
</tr>
<tr>
<td>Took a domestic overnight trip in the past 12 months (December 2022 – November 2023)</td>
<td>63%</td>
<td>-1%</td>
</tr>
<tr>
<td>Net proportion of UK trips in the next 12 months vs the last 12 months [% ‘more’ minus % ‘fewer’ trips]</td>
<td>3%</td>
<td>-5%*</td>
</tr>
<tr>
<td>Net proportion of overseas trips in the next 12 months vs the last 12 months [% ‘more’ minus % ‘fewer’ trips]</td>
<td>-12%</td>
<td>-6%*</td>
</tr>
<tr>
<td>Reduce the number of UK overnight trips due to cost of living crisis [NET ‘fewer’, ‘not go’, ‘go day trips instead’]</td>
<td>27%</td>
<td>=</td>
</tr>
<tr>
<td>Reduce the number of day trips due to cost of living crisis [NET ‘fewer’, ‘not go on day trips’]</td>
<td>33%</td>
<td>=</td>
</tr>
<tr>
<td>Top 3 barriers to taking a UK overnight trip in the next 6 months</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1st Rising cost of living; 2nd UK weather 3rd Personal Finances</td>
<td></td>
<td>None</td>
</tr>
</tbody>
</table>

* Represents a statistically significant change on previous wave
N/A – due to new question wording meaning comparison to last wave cannot be done
1. Current General Sentiment
Fewer than half of respondents think ‘the worst is still to come’ in relation to the cost-of-living crisis, in line with recent months.

Figure 1. Perception of the situation with regards to cost of living crisis, Percentage wave-on-wave, UK

The worst is still to come
Things are going to stay the same
The worst has passed

Question: Q7b: And now regarding the ‘cost of living crisis’ in the UK and the way it is going to change in the coming few months, which of the following best describes your opinion? Base: All respondents. December 2023 = 1,758
Due to the cost-of-living crisis, most of UK adults (68%) are either ‘cautious and being very careful’ (47%) or have been ‘hit hard and are cutting back’ (21%)

Figure 2. Feelings about situation during the ‘cost of living crisis’, Percentage, UK

- I’m one of the lucky ones – better off than before the crisis
- I’m alright – the ‘cost of living crisis’ has not really affected me and confident it won’t
- I’m cautious - things are OK but I feel I have to be very careful
- I’ve been hit hard – no option but to cut back on spending
- Although I’ve been hit hard and should cut back, I’ll spend today and let tomorrow look after itself

Question: Q17: There has been a lot of talk about how the ‘cost of living crisis has affected people’s financial circumstances. If you had to choose, which ONE of the following statements would best describe your feelings about your own situation, right now? Base: All respondents. December 2023 = 1,758.
2. Trip Intentions: UK and Overseas
Overnight domestic trip intentions are above the levels anticipated back in December 2022, 78% are planning a trip in the next 12 months compared to 69% a year earlier.

Figure 5. Proportion anticipating going on any overnight UK trips, Percentage, December 2023, UK

Question: QVB2a. Thinking of your next UK holiday or short break, when are you likely to go on this trip? QVB2b. And when else do you anticipate going on a UK holiday or short break? Base: All respondents. December 2022= 1,760, December 2023 = 1,758. Note: Multiple choice question. Totals may exceed 100% as some respondents anticipate taking multiple trips across several time periods.
For overnight overseas trips, intentions are also above 2022 levels, 64% are planning an overseas trip in the next 12 months compared to 53% the year before.

Figure 5b. Proportion anticipating going on any overnight overseas trips, Percentage, December 2023, UK

Question: QVB2c. Thinking of your next OVERSEAS holiday or short break, when are you likely to go on this trip? QVB2d. And when else do you anticipate going on an overseas holiday or short break? Base: All respondents. December 2022 = 1,760, December 2023 = 1,758. Note: Multiple choice question. Totals may exceed 100% as some respondents anticipate taking multiple trips across several time periods.
Long term domestic overnight trip intentions remain relatively stable over the last few waves, while overseas intentions have improved significantly since the summer.

Figure 6. Proportion anticipating going on any overnight UK and overseas trips in the NEXT 12 MONTHS, Percentage, December 2023, UK

UK overnight trip | Overseas overnight trip

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Question: QVB2a. Thinking of your next UK holiday or short break, when are you likely to go on this trip? QVB2b. And when else do you anticipate going on a UK holiday or short break? QVB2c. Thinking of your next OVERSEAS holiday or short break, when are you likely to go on this trip? QVB2d. And when else do you anticipate going on an overseas holiday or short break? Base: All respondents December 2023 = 1,758. Note: Multiple choice question. Totals may exceed 100% as some respondents anticipate taking multiple trips across several time periods.
At a ‘net level’, the number of intended domestic trips by UK adults is above those taken in the last 12 months – overseas intentions are still below.

**Figure 7. Number of UK overnight trips likely to take in next 12 months compared to last 12 months, Percentage, December 2023, UK**

<table>
<thead>
<tr>
<th>Will take more</th>
<th>Will take about the same</th>
<th>Will take fewer</th>
<th>Don’t know/not sure yet</th>
<th>Net (‘more’ minus ‘fewer’)</th>
</tr>
</thead>
<tbody>
<tr>
<td>September 2023 data</td>
<td>25</td>
<td>40</td>
<td>21</td>
<td>14</td>
</tr>
<tr>
<td>October 2023 data</td>
<td>24</td>
<td>40</td>
<td>20</td>
<td>16</td>
</tr>
<tr>
<td>November 2023 data</td>
<td>24</td>
<td>45</td>
<td>16</td>
<td>14</td>
</tr>
<tr>
<td>December 2023 data</td>
<td>25</td>
<td>40</td>
<td>21</td>
<td>14</td>
</tr>
</tbody>
</table>

**Figure 8. Number of Overseas overnight trips likely to take in next 12 months compared to last 12 months, Percentage, December 2023, UK**

<table>
<thead>
<tr>
<th>Will take more</th>
<th>Will take about the same</th>
<th>Will take fewer</th>
<th>Don’t know/not sure yet</th>
<th>Net (‘more’ minus ‘fewer’)</th>
</tr>
</thead>
<tbody>
<tr>
<td>September 2023 data</td>
<td>15</td>
<td>35</td>
<td>18</td>
<td>6</td>
</tr>
<tr>
<td>October 2023 data</td>
<td>14</td>
<td>32</td>
<td>21</td>
<td>12</td>
</tr>
<tr>
<td>November 2023 data</td>
<td>19</td>
<td>37</td>
<td>19</td>
<td>19</td>
</tr>
<tr>
<td>December 2023 data</td>
<td>18</td>
<td>33</td>
<td>19</td>
<td>19</td>
</tr>
</tbody>
</table>

**Question: VB1a.** Thinking about the next 12 months, are you likely to take more, fewer or about the same number of UK and overseas holidays/short breaks than you took in the last 12 months? Base: All respondents. December 2023 = 1,758.
34% of respondents indicated they are more likely to choose a trip in the UK than overseas, compared to the last 12 months – the top reason being ‘UK holidays are easier to plan’ (55%)

Figure 9. Difference in short break/holiday choices in the next 6 months compared to last 12 months, Percentage, December 2023, UK

- More likely to choose UK than overseas
- More likely to choose overseas than UK
- Broadly the same as past 12 months
- Don’t know/It depends on the situation

<table>
<thead>
<tr>
<th>More likely to choose UK than overseas</th>
<th>More likely to choose overseas than UK</th>
<th>Broadly the same as past 12 months</th>
<th>Don’t know/It depends on the situation</th>
</tr>
</thead>
<tbody>
<tr>
<td>34</td>
<td>26</td>
<td>25</td>
<td>15</td>
</tr>
</tbody>
</table>

TOP 5 reasons for UK preference
1. UK holidays are easier to plan (55%)
2. UK holidays are cheaper (54%)
3. Shorter / quicker travel (50%)
4. To avoid long queues at airports/cancelled flights (40%)
5. I want to take holidays in places I am familiar with (23%)

TOP 5 reasons for Overseas preference
1. Better weather (51%)
2. I want to visit new places/experience new cultures (44%)
3. Overseas holidays are cheaper (26%)
4. I’m prioritising overseas trips after missing out in the last few years (25%)
5. To visit friends or relatives (18%)

FOR THE FULL LIST OF REASONS, PLEASE SEE THE PUBLISHED TABLES.

Question: VB2j. Thinking of the next 12 months, how different do you think your short break/holiday choices will be compared to the last 12 months? Base: All respondents. December 2023 = 1,758. VB2k. Why are you more likely to choose a UK trip than an overseas trip? December 2023 = 609 VB2l. Why are you more likely to choose an overseas trip than a UK trip? December 2023 = 453
The top potential barrier to taking overnight UK trips in the next 6 months is the ‘rising cost of living’ (35%), followed by ‘UK weather’ (32%) and ‘personal finances’ (29%).

Figure 10. Top 10 Barriers to taking an overnight UK trip in next 6 months, Percentage, December 2023, UK

<table>
<thead>
<tr>
<th>Factor</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rising cost of living</td>
<td>35</td>
</tr>
<tr>
<td>UK weather</td>
<td>32</td>
</tr>
<tr>
<td>Personal finances</td>
<td>29</td>
</tr>
<tr>
<td>Rising costs of holidays/leisure</td>
<td>24</td>
</tr>
<tr>
<td>My general health</td>
<td>17</td>
</tr>
<tr>
<td>The cost of fuel</td>
<td>15</td>
</tr>
<tr>
<td>Limited available annual leave</td>
<td>14</td>
</tr>
<tr>
<td>Prioritising overseas travel after missing out during the pandemic</td>
<td>6</td>
</tr>
<tr>
<td>Difficulty getting money back if a trip is cancelled</td>
<td>6</td>
</tr>
<tr>
<td>None/ No barriers</td>
<td>16</td>
</tr>
</tbody>
</table>

NET: Costs and finances includes ‘rising cost of living’, ‘personal finances’, ‘the cost of fuel’, ‘rising costs of holidays/leisure’ and ‘difficulty getting money back if a trip is cancelled’

<table>
<thead>
<tr>
<th></th>
<th>September 2023 data</th>
<th>October 2023 data</th>
<th>November 2023 data</th>
<th>December 2023 data</th>
</tr>
</thead>
<tbody>
<tr>
<td>NET: Costs and finances</td>
<td>57%</td>
<td>58%</td>
<td>58%</td>
<td>58%</td>
</tr>
</tbody>
</table>

For the full list of barriers, please see the published tables.
The ‘rising cost of living’ is the biggest financial barrier to taking an overnight domestic trip, followed by ‘personal finances’.

Figure 10b. Perceived financial barriers to an overnight trip in the UK in next 6 months, Wave-on-wave, Percentage, UK

Rising cost of living  
Rising costs of holidays/leisure  
Personal finances

Question: VB7b. Which, if any, of the following factors do you see as potential barriers to you taking a UK short break or holiday in the next six months?
Base: All asked each question. December 2023 = 1,758.
Focusing on barriers related directly to the cost of a domestic overnight trip, the ‘cost of accommodation’ remains at the top, followed by ‘cost of drinking/eating out’.

Figure 12. Individual costs barrier to taking UK holidays and short breaks in next 6 months, Wave-on-wave, Percentage, UK

Question: VB7bii. Which, if any, of these costs are the main financial barriers to you taking a UK short break or holiday in the next six months?
Base: December 2023 = 1,758.
UK adults plan to cut their overnight trip spending mainly on accommodation, eating out and activities. 27% will cut the number of overnight trips they take.

Figure 13a. ‘Cost of living’ impact on UK holidays and short breaks, Percentage, December 2023, UK, Full list

- Choose cheaper accommodation: 28%
- Spend less on eating out: 28%
- Look for more ‘free things’ to do: 25%
- Cut back on buying gifts/shopping at the destination: 19%
- Travel when it’s cheaper: 18%
- Do fewer activities: 15%
- Take fewer UK short breaks/holidays: 15%
- Choose self-catering accommodation: 15%
- Visit fewer visitor attractions: 13%
- Stay with friends or relatives: 13%
- Travel less at the destination: 11%
- Take shorter UK short breaks/holidays: 11%
- Take UK short breaks/holidays closer to home: 10%
- Take a holiday in the UK instead of overseas: 9%
- Take day trips instead of UK short breaks/holidays: 9%
- Not go on UK short breaks/holidays: 6%
- The cost of living crisis isn’t likely to influence my UK short breaks/holidays at all: 26%

Question: VB7c. How, if at all, would you say the ‘cost of living crisis’ is likely to influence your UK short breaks or holidays in the next six months? Base: December 2023 = 1,758.
In terms of UK day trips, 26% of UK adults intend to look for more free things to do. 33% will reduce the number of day trips – in line with previous waves.

Figure 13b. ‘Cost of living’ impact on day trips, Percentage, December 2023, UK, Full list

- Look for more ‘free things’ to do on day trips: 26%
- Take fewer day trips: 24%
- Spend less on eating out on day trips: 23%
- Cut back on buying gifts/shopping on day trips: 21%
- Travel when it’s cheaper (i.e. outside of busier time periods): 20%
- Take day trips closer to home: 16%
- Visit fewer visitor attractions on day trips: 16%
- Will do fewer activities on day trips: 15%
- Will not go on day trips: 11%
- The cost of living crisis isn’t likely to influence my day trips at all: 30%

Question: VB7Cii. How, if at all, would you say the ‘cost of living crisis’ is likely to influence your day trips in the next few months?
Base: December 2023 = 1,758.

Reduce the number of day trips

<table>
<thead>
<tr>
<th>NET ‘fewer’, ‘not go on day trips’</th>
<th>Sept 2023 data</th>
<th>Oct 2023 data</th>
<th>Nov 2023 data</th>
<th>Dec 2023 data</th>
</tr>
</thead>
<tbody>
<tr>
<td>32%</td>
<td>33%</td>
<td>33%</td>
<td>33%</td>
<td></td>
</tr>
</tbody>
</table>
In the next 12 months, UK adults are more likely to visit outdoor areas, practice leisure/sports activities or visit attractions. They are less likely to take part in wellbeing activities.

Figure 14. Leisure venues and activities more or less likely to visit/do compared to last 12 months, Net: ‘more likely’ minus ‘Less likely’, Percentage, UK, December 2023

Outdoor Areas (Mountain or hills, Beach or coastal walk/trail)  -9
Leisure or sports activities (walking, cycling, swimming, etc.)  0
Visitor Attractions (museums, art galleries, indoor activities, etc,)  4
Entertainment and events (restaurants, cinemas, festivals, etc.)  11
Wellbeing Activities (spa/beauty/wellness retreats, etc.)  25

Question: VB9ai. Thinking about your personal finances, which, if any, of these types of places in the UK are you more likely to visit in the next 12 months, compared to the last 12 months? VB9bi. Still thinking about your personal finances, which, if any, are you less likely to visit in the next 12 months compared to the last 12 months? VB10ai. Again thinking about your personal finances, which, if any, of these types of activities are you more likely to do in the next 12 months, compared to the last 12 months? VB10bi. And which, if any, are you less likely to do in the next 12 months compared to the last 12 months?
Base: December 2023 = 1,758.
3. The Next Trip: Overnight and Day Trips
52% of UK adults have already booked their domestic trips for January, while 68% have already booked their overseas trips for the same month.

Figure 15. Planning and booking the next intended UK and overseas overnight trip, Percentage, December 2023, UK

Question: VB2e. Which of the following best describes how close you are to booking your next overnight UK trip in <INSERT MONTH FROM VB2c(III)>? Base: UK trip: January 2024 n = 102, February 2024 n = 157, March 2024 n = 156, April 2024 n = 183. VB2g. Which of the following best describes how close you are to booking your next overnight OVERSEAS trip in <INSERT MONTH FROM VB2c(III)>? Base: Overseas trip: January 2024 n = 76, February 2024 n= 92, March 2024 n = 79, April 2024 n = 100.
Short breaks are more likely between January and April 2024 – this differs towards to a year ago when longer breaks dominated by the end of April 2023.

Figure 17. Length of next UK holiday or short break by time period, Percentage, December 2023, UK

Question: QVB3. Is this next trip to <INSERT DESTINATION FROM VB4A> in <INSERT MONTH FROM VB2A> likely to be a short break (1-3 nights) or a holiday (4+ nights)?

Base: All December 2023 respondents intending to take next holiday or short break in each time period: UK trip 2023-2024 January 2024 n = 102, February 2024 n = 157, March 2024 n = 156, April 2024 n = 183.
As in 2022, London is the most preferred UK overnight destination in January to March 2024 while the South West is the top for April-June 2024

Figure 18. Where planning on staying on next UK overnight trip in January to March 2024, Percentage, November 2023 and December 2023, UK

- November/December 2023 data
- November/December 2022 data

Figure 19. Where planning on staying on next UK overnight trip in April to June 2024, Percentage, November 2023 and December 2023, UK

- November/December 2023 data
- November/December 2022 data

Question: QVB4a. Where in the UK are you likely to stay on this next trip in <insert month>?
Base: All November 2023 and December 2023 respondents planning on taking a holiday or short break in the UK January to March 2023 n = 631, April to June 2023 n = 753, April to June 2024 n = 902. Note: Multiple choice question. Totals may exceed 100% as some respondents anticipate staying in more than one location.
The top type of destination for overnight trips for January-March 2024 is ‘City or large town’, while it is ‘Countryside or village’ for the April-June 2024 period.

Figure 20. Types of destination for trip in January to March 2024, Percentage, November 2023 and December 2023, UK

- November/December 2023 data
- November/December 2022 data

Figure 21. Types of destination for overnight trip in April to June 2024, Percentage, November 2023 and December 2023, UK

- November/December 2023 data
- November/December 2022 data

Question: VB5. Which of the following best describes the main types of destinations you are likely to stay in during your next UK holiday or short break in <INSERT DESTINATION FROM VB4A> in <INSERT MONTH FROM VB2A>? Base: All November 2023 and December 2023 respondents planning on taking a holiday or short break in the UK between January to March 2023 n = 631, April to June 2023 n = 856; January to March 2024 n = 753, April to June 2024 n = 902
For both time periods, own car is the most common mode of travel, followed by train.

**Figure 22. Top 5 main modes of travel to destination for trip in January to March 2024, Percentage, November 2023 and December 2023, UK**

- Own Car: 48\% (2023) vs 42\% (2022)
- Train: 25\% (2023) vs 20\% (2022)
- Plane: 8\% (2023) vs 9\% (2022)
- Car - hired/rented/taxi: 5\% (2023) vs 6\% (2022)
- Private coach/bus: 3\% (2023) vs 3\% (2022)

**Figure 23. Top 5 main modes of travel to destination for overnight trip in April to June 2024, Percentage, November 2023 and December 2023, UK**

- Own Car: 63\% (2023) vs 55\% (2022)
- Train: 16\% (2023) vs 17\% (2022)
- Plane: 7\% (2023) vs 5\% (2022)
- Car - hired/rented/taxi: 4\% (2023) vs 5\% (2022)
- Private coach/bus: 2\% (2023) vs 3\% (2022)

FOR THE FULL LIST OF MODES OF TRANSPORT, PLEASE SEE THE PUBLISHED TABLES.

Question: VB4c. What do you anticipate being the main mode of travel to your next UK holiday or short break in <INSERT DESTINATION FROM VB4A> in <INSERT MONTH FROM VB2a>? Base: All November 2023 and December 2023 respondents planning on taking a holiday or short break in the UK between January to March 2023 n = 631, April to June 2023 n = 856; January to March 2024 n = 753, April to June 2024 n = 902.
For the next overnight trip in both time periods, ‘hotel / motel / inn’ is the leading accommodation type.

Figure 24. Top 10 accommodation types planning on staying in on next UK overnight trip in January to March 2024, Percentage, November 2023 and December 2023, UK

- Hotel / Motel / Inn: 45%
- Staying in a rented house or similar: 19%
- Guest house / Bed and breakfast: 17%
- In someone else’s home on a commercial basis: 18%
- Stayed in a rented flat or similar: 9%
- Serviced apartment: 8%
- Friends or relatives’ home: 16%
- Static caravan - not owned by you: 17%
- Staying in a rented flat or similar: 7%
- Your second home / Timeshare: 6%
- Hostel: 8%

Figure 25. Top 10 accommodation types planning on staying in on next UK overnight trip in April to June 2024, Percentage, November 2023 and December 2023, UK

- Hotel / Motel / Inn: 38%
- Stayed in a rented house or similar: 20%
- Guest house / Bed and breakfast: 17%
- In someone else’s home on a commercial basis: 16%
- Static caravan - not owned by you: 15%
- Staying in a rented flat or similar: 7%
- Friends or relatives’ home: 14%
- In someone else’s home on a commercial basis: 7%
- Serviced apartment: 6%
- Hostel: 6%

FOR THE FULL LIST OF ACCOMMODATION TYPES, PLEASE SEE THE PUBLISHED TABLES.
‘Partner’ is the most common companion on a trip during both time periods, followed by ‘child, grandchild or young adult’

Figure 26. Visitor party make-up for trip in January to March 2024, Percentage, November 2023 and December 2023, UK

- November/December 2023 data
- November/December 2022 data

Figure 27. Visitor party make-up for trip in April to June 2024, Percentage, November 2023 and December 2023, UK

- November/December 2023 data
- November/December 2022 data

Question: QVB4d. With whom are you likely to spend your next UK holiday or short break in <INSERT DESTINATION FROM VB4A> in <INSERT MONTH FROM VB2a>?

Base: All November 2023 and December 2023 respondents planning on taking a holiday or short break in the UK between January to March 2023 n = 631, April to June 2023 n = 856, January to March 2024 n = 753, April to June 2024 n = 902.
The top motivation for overnight trips in both time periods is ‘to get away from it all and have a rest’, followed by ‘family time or time with my partner’

<table>
<thead>
<tr>
<th>Motivation</th>
<th>January to March 2024</th>
<th>April to June 2024</th>
</tr>
</thead>
<tbody>
<tr>
<td>To get away from it all and have a rest</td>
<td>35%</td>
<td>41%</td>
</tr>
<tr>
<td>Family time or time with my partner</td>
<td>34%</td>
<td>40%</td>
</tr>
<tr>
<td>To spend time with friends</td>
<td>20%</td>
<td>19%</td>
</tr>
<tr>
<td>To experience excitement or fun</td>
<td>18%</td>
<td>22%</td>
</tr>
<tr>
<td>To celebrate a special occasion</td>
<td>16%</td>
<td>19%</td>
</tr>
<tr>
<td>To connect with nature / be outdoors</td>
<td>15%</td>
<td>19%</td>
</tr>
<tr>
<td>To travel somewhere new</td>
<td>14%</td>
<td>12%</td>
</tr>
<tr>
<td>To go somewhere where there was great food</td>
<td>13%</td>
<td>10%</td>
</tr>
<tr>
<td>To learn something new</td>
<td>10%</td>
<td>8%</td>
</tr>
<tr>
<td>Because of a particular interest</td>
<td>10%</td>
<td>8%</td>
</tr>
<tr>
<td>For adventure or a challenge</td>
<td>10%</td>
<td>8%</td>
</tr>
<tr>
<td>For an active holiday, with exercise or sport</td>
<td>6%</td>
<td>8%</td>
</tr>
<tr>
<td>To go somewhere luxurious</td>
<td>6%</td>
<td>8%</td>
</tr>
<tr>
<td>For a technology detox</td>
<td>4%</td>
<td>6%</td>
</tr>
</tbody>
</table>

Figure 28. Motivations for UK holidays and short breaks in January to March 2024, Percentage, December 2023, UK, Full list

Figure 29. Motivations for UK holidays and short breaks in April to June 2024, Percentage, December 2023, UK, Full list

Question: Which of the following best describe your motivation/s for this trip?
Base: All December respondents planning on taking a holiday or short break in the UK between January to March 2024 n = 415, April to June 2024 n = 474. Note: Multiple choice question. Totals may exceed 100%.
The top two activities in both time period are ‘Trying local food and drink’ and ‘Walking, hiking or rambling’

Figure 30. Activities for UK holidays and short breaks, in January - March 2024, Percentage, December 2023, UK, Full list

- Trying local food and drink: 33%
- Walking, Hiking or Rambling: 32%
- Visit cultural attractions: 28%
- Visit heritage sites: 24%
- Explore scenic areas by car: 19%
- Visit family attractions: 18%
- Nature and wildlife experiences: 17%
- Learn about local history and culture: 17%
- Speciality shopping: 14%
- Experience the nightlife: 14%
- Adventure activities: 13%
- Health or wellbeing experiences: 12%
- Visit locations featured in TV, film or…: 8%
- Creative or artistic pursuits: 7%
- Cycling or mountain biking: 7%
- Conservation or volunteering activities: 4%
- Golf: 4%
- Water sports: 4%

Figure 31. Activities for UK holidays and short breaks in April-June 2024, Percentage, December 2023, UK, Full list

- Walking, Hiking or Rambling: 41%
- Trying local food and drink: 39%
- Visit heritage sites: 30%
- Explore scenic areas by car: 28%
- Visit cultural attractions: 24%
- Visit family attractions: 22%
- Nature and wildlife experiences: 19%
- Learn about local history and culture: 15%
- Experience the nightlife: 11%
- Speciality shopping: 10%
- Adventure activities: 10%
- Health or wellbeing experiences: 10%
- Visit locations featured in TV, film or…: 10%
- Water sports: 9%
- Cycling or mountain biking: 6%
- Creative or artistic pursuits: 6%
- Conservation or volunteering activities: 4%
- Golf: 3%

Question: VB6fiii. Which, if any, of these activities are you likely to do on your next UK short break or holiday in <INSERT MONTH FROM VB2A>? Base: All December respondents planning on taking a holiday or short break in the UK between January to March 2024 n = 415, April to June 2024 n = 474. Note: Multiple choice question. Totals may exceed 100%.
4. Past UK and Overseas Trips
Almost two thirds (63%) have taken a UK overnight trip between December 2022 and November 2023, while 46% have taken an overseas overnight trip during the same time period.

Figure 32. Proportion UK adult population who have taken an overnight UK or overseas trip in below time period, Percentage, December 2023, UK

<table>
<thead>
<tr>
<th>Time Period</th>
<th>% taken UK overnight trip</th>
<th>% taken overseas overnight trip</th>
</tr>
</thead>
<tbody>
<tr>
<td>In December 2022 - November 2023</td>
<td>63</td>
<td>46</td>
</tr>
<tr>
<td>In December 2022</td>
<td>4</td>
<td>4</td>
</tr>
<tr>
<td>In January - March 2023</td>
<td>15</td>
<td>12</td>
</tr>
<tr>
<td>In April to June 2023</td>
<td>24</td>
<td>16</td>
</tr>
<tr>
<td>In July to September 2023</td>
<td>29</td>
<td>21</td>
</tr>
<tr>
<td>In October - November 2023</td>
<td>15</td>
<td>8</td>
</tr>
</tbody>
</table>

Question: VB13a/f. Now reflecting on your recent behaviour, have you taken an overnight short break or holiday in the UK/overseas in the last 12 months?

VB13a2/g. In which of these months have you taken an overnight short break or holiday in the UK in the last 12 months?

Base: All respondents. December 2023 = 1,758.
Multiple choice question. Totals may exceed 100% as some respondents anticipate taking more than one trip.
26% of respondents went on a domestic overnight trip between September and November 2023, compared to 31% who had previously intended to do so.

Figure 32b. Incidence of UK short breaks or holidays intended within next 3 month and taken in last 3 months of UK adult population, Percentage, December 2023, UK

VB2a. Thinking of the next UK/overseas holiday or short break you are likely to take, when are you likely to plan, book and go on this trip?

VB13a: Now reflecting on your recent behaviour, have you taken an overnight short break or holiday in the UK in the last 12 months? Base: All UK respondents = 1755. Data shows the proportion intending to take a trip within the next 3 months – this will not account for intentions established less than 3 months ahead of trip date – and trips taken. Actual trips taken is only available from April 2021 up to October 2023.
The North West, South East and South West were the most popular destination for domestic trips in the past three months and the main purpose was for holiday/leisure.

Figure 33. Destination of overnight trips taken in UK in the past three months, Percentage, December 2023, UK

Figure 34. Purpose of overnight UK trip taken in the past three months, Percentage, December 2023, UK

Question: VB13c. Where in the UK did you stay on your most recent trip in <INSERT MOST RECENT MONTH>? VB13e. And which of the following best describe the purpose/s of your most recent trip in <INSERT MOST RECENT MONTH>? Base: All December 2023 respondents that took an overnight trips in the last three months n=452
Note: Multiple choice questions. Totals may exceed 100% as some respondents stayed in more than one location or travelled for more than one purpose.
5. Overnight Business Trip Intentions (November 2023 data)

Note: * Overnight Business Trip Intentions questions are asked every second month
13% of UK adults in employment plan on taking an overnight business trip in the next 3 months. ‘Conference’ is the leading reason (32%), followed by ‘Meeting’ (at 30%).

Figure 35. Proportion anticipating an overnight business trip in next 3 months, Percentage, November 2023, UK adults in employment

80% of UK adults interviewed are in employment

Question: VB14a. Now looking ahead again, are you intending to take any overnight business trips in the UK in the next three months? Please only answer yes if the overnight business trips are not a feature of your job. For example, if you are a long-distance lorry driver, airline crew or delivery service, an overnight stay would be a feature of the job so you would answer ‘no’. Please also answer ‘no’ if your only overnight business trip is a regular trip to your main place of work (e.g. a weekly or monthly trip to your office). Multiple choice question. Totals may exceed 100% as some respondents anticipate more than one business reason.

VB14b: What would be the main reason for this overnight business trip? Base: November 2023 respondents currently in employment n = 1,755. All taking a business trip n=222.
Methodology & Further Data
Methodology

– This report presents findings from the December 2023 wave of the Domestic Sentiment Tracker, with comparisons to previous months where appropriate.

– The survey is conducted online, among a sample of the UK adult population.

– In the first stage, a nationally representative core sample of 1,500 is recruited and interviewed. This sample is then ‘boosted’ for Wales and Scotland to ensure sufficient base sizes for separate nation analysis. The data are then weighted to make the sample representative of the UK overall and within each nation.

PLEASE NOTE:

– The current 6th phase of this project started in April 2023 and will run until March 2024.

– With this newly commissioned phase, the questionnaire was updated to address the cost of living crisis’ impact on trips intentions. It also covers the preference for domestic vs overseas overnight trips.

– Please note that because of the questionnaire updates, some questions are not comparable between this 6th phase and the previous phases / waves.
Master Data Table

- The full data tables are published on the VisitBritain website alongside this report and questions’ data not shown in this report are available to view there: [https://www.visitbritain.org/domestic-sentiment-tracker](https://www.visitbritain.org/domestic-sentiment-tracker)

  Extra questions available in the tables are:
  - VB1b. Likely to spend more, less or about the same on holidays in the next 12 months, vs last 12 months
  - VB9a/b. More/Less likely to visit leisure places in the UK in the next 12 months, vs last 12 months
  - VB10a/b. More/Less likely to conduct leisure activities in the UK in the next 12 months, vs last 12 months

- To access a .csv file of the data contained within the charts, please open this report with Adobe Reader. When you have done so, navigate to the left-hand side of the page to the attachments area, symbolised by a paperclip icon, and click on the file to open the attachment.