



# F1: The ultimate adrenaline rush – 75 years of speed and action

2025 marks 75 years since Formula One first took to the tracks – and Britain is revving up for its biggest season yet. Alongside the roar of engines and the cheers of crowds, a brand-new F1 movie is set to hit screens this summer, filmed across British locations like Silverstone Circuit, Towcester and London. There's no better time to go on a high-speed adventure through Britain.

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## **Discover adrenaline-packed experiences and events**

For those who like their holidays with a little more vroom, Britain won't disappoint. From iconic circuits to futuristic karting and 4x4 off-roading, there are countless ways to get the heart racing this summer.

First up, tackle the [Silverstone Circuit Driving Experience](#) in Northamptonshire. With a professional instructor by their side, visitors can drive around the track and follow the racing line of their sporting heroes, taking in all the twists and turns of the renowned circuit. It's fast, furious, and unforgettable. For more thrills, head north to Scotland. The [Formula Racing Car Experiences](#) at Knockhill in Fife offer the real deal: formula-style cars and pro tracks. Visitors will get to experience the excitement of driving on a track used for motorsport events and will be guided through every corner. In South Wales, jump into a Ferrari or Lamborghini and hit the [Llandow](#)

[Circuit](#), where visitors can put their skills to the test on a more compact but exhilarating track. With a choice of supercars, it allows car enthusiasts to push their driving limits surrounded by lush Welsh countryside. Prefer something a little more off-road? The [Land Rover Driving Experience](#), available at various locations across Britain, invites visitors to tackle wild, rugged landscapes in one of the country's best-loved 4x4s. It's less about lap times, more about muddy climbs, bumpy descents and pure adventure.

Let's take it back to where many F1 drivers began their journey to stardom – the humble go-kart. At [TeamSport](#) tracks nationwide, budding Lewis Hamiltons and Max Verstappens can live out their dreams, dashing round tight bends and battling with other karts. For a futuristic twist, head to East London where [Gravity-Global](#)'s e-Karting track in Stratford offers a high-tech, eco-friendly twist on the classic. Picture sleek electric karts, super-smooth circuits, and the buzz of racing without the roar. For digital racing, dive into the virtual world at the [F1 Arcade](#) in central London or Birmingham. Here, visitors will find state-of-the-art simulators, and a buzzing social scene. It's Monaco meets Mario Kart, with cocktails and scoreboard.

London also hosts the world's first official Formula One® karting experience at Tottenham Hotspur Stadium, [F1® DRIVE – London](#). Featuring 17 challenging turns and two drag reduction system zones, it's all inspired by iconic F1 circuits. Choose from various sessions, including Mixed Grid, Rookie Racers, Sprint and Elite, catering to all ages and skill levels.

If Formula One is the pinnacle of motorsport, the [Goodwood Festival of Speed](#) (10 to 13 July 2025) is the playground. Set against the elegant backdrop of Goodwood House in West Sussex, this four-day celebration is a glorious blend of top-tier engineering and eccentric British flair. Watch as everything from jet-powered bikes to futuristic hypercars and classic vehicles tackle the estate's famous hill climb. Expect roaring engines, glamorous guests, historic motorsport moments, and famous faces from across the racing world. There's also a vibrant paddock, immersive tech showcases, family-friendly zones, and even a chance to get hands-on behind the wheel. It's part garden party, part motoring nirvana – and definitely one for the memory box.

Tucked away in the New Forest in Hampshire, the [National Motor Museum](#) is where Britain's love affair with motoring comes to life. This museum houses more than 280 vehicles, each telling a chapter in Britain's history of speed. The F1 section is a top attraction, featuring treasures like the McLaren Mercedes MP4/21. Explore interactive displays, see record-breaking machines up close, or take a spin on the outdoor monorail for a unique view of the action below. Film and TV enthusiasts can look forward to the 'On Screen Cars' exhibition, featuring vehicles such as Mr Bean's Mini, the 'flying' Ford Anglia from *Harry Potter and the Chamber of Secrets*, the Jaguar XKR from the James Bond film *Die Another Day*, and Doctor Who's beloved car, Bessie.

Whether visitors are curious to explore Britain's racing heritage or simply want to feel the rush for themselves, 2025 is the year to embrace Britain's love of speed and adventure. With landmark anniversaries, cinematic moments, and hands-on experiences across the country, this is a celebration of all things fast and fabulous.